

# อัปเดตการปนเปื้อนอาหารและการตรวจวิเคราะห์

## Update food contamination and its detection



by

**กฤษฎกมล ณ จอม**

ภาควิชาวิทยาศาสตร์และเทคโนโลยีการอาหาร  
คณะอุตสาหกรรมเกษตร มหาวิทยาลัยเกษตรศาสตร์

หลักสูตรเทคโนโลยีเครื่องดื่มนและการจัดการ คณะอุตสาหกรรมเกษตร  
มหาวิทยาลัยเกษตรศาสตร์

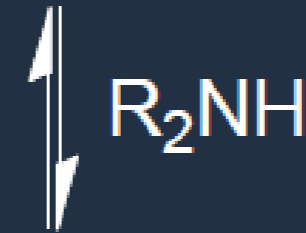


## Food contamination

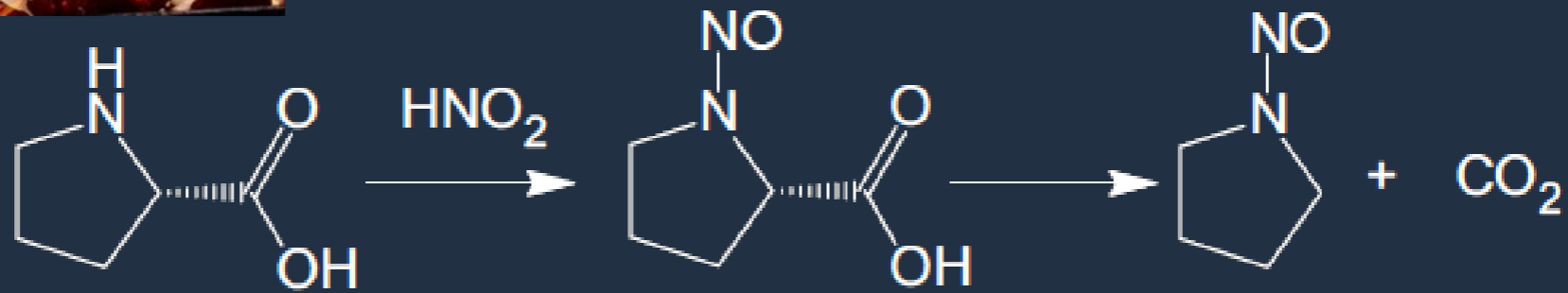
- 1. Hydrogenated oils + Trans fat.** You know how the FDA is banning trans fats? That's because foods with hydrogenated or partially hydrogenated oils contain trans fat, which are known to cause cancer, heart disease, and other health problems.
- 2. Nitrites + Nitrosamine.** Sodium nitrite, which is in most hot dogs, lunch meat, and other processed meats, is a cancer-causing ingredient that the USDA has been trying to ban since the 1970s. Hence why I don't get the 'new' report. Like, we've known processed meats are bad for almost half a century.
- 3. Grilled or charcoaled foods.** Those char marks on your grilled burger? They are a carcinogen, called **Heterocyclic amines (HCAs) + PAHs.**
- 4. French fries or potato chips.** **Acrylamide** via Maillard reaction. Glycoalkaloid contamination.
- 5. Fermented foods.** **Allergy + Biogenic amines** **Heterocyclic  $\beta$ -carboline**
- 6. Vegetable and fruit.** Pesticides or Herbicides **Lysinoalanine**
- 7. Seafood.** Formaline or natural toxin (๕ ๕ fl๕ ๕ fl๕ ๕ fl๕) or heavy metals **Surfactant**
- 8. Nuts.** Mycotoxin (Aflatoxin) + **Allergy** **THC**
- 9. Soysauce/ Palm oil.** **3-MCPD** (3-monochloropropane-1,2diol)
- 10. Dried food.** Food additives, Mycotoxin or Arsenic
- 11. Rice.** Methylbromide or Arsenic or Pesticides



## Nitrosamine

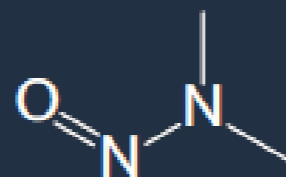


N-Nitrosamine formation

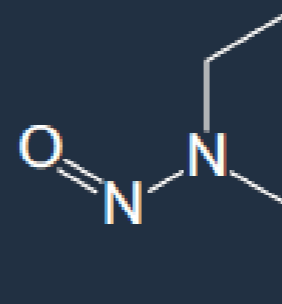


Proline

Nitrosopyrrolidine



Dimethylnitrosamine



Diethylnitrosamine

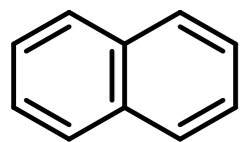
Contamination during high temperature of heat processing

## Polycyclic aromatic hydrocarbons (PAHs)

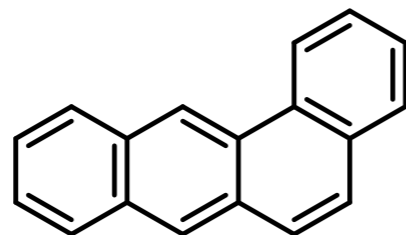


- One of several classes of **carcinogenic chemicals**
- Two or more condensed aromatic carbon rings
- Formed during the **incomplete combustion** of organic material

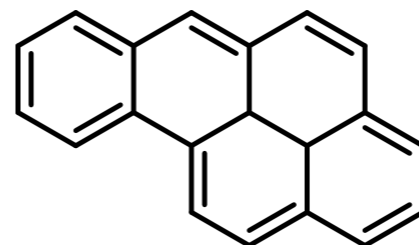
## Chemical Structures of PAHs



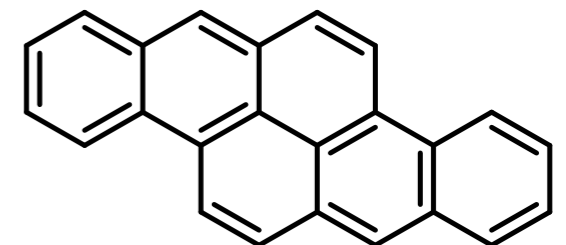
Nap



BaA



BaP



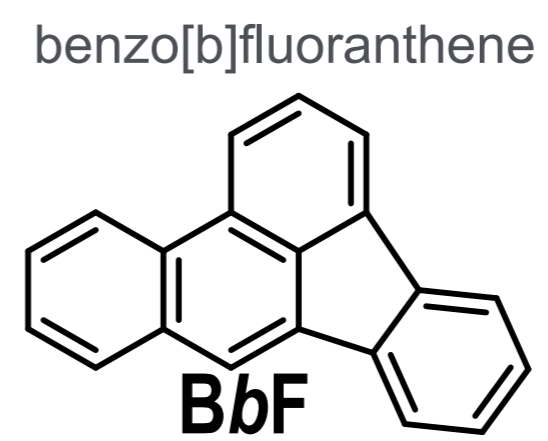
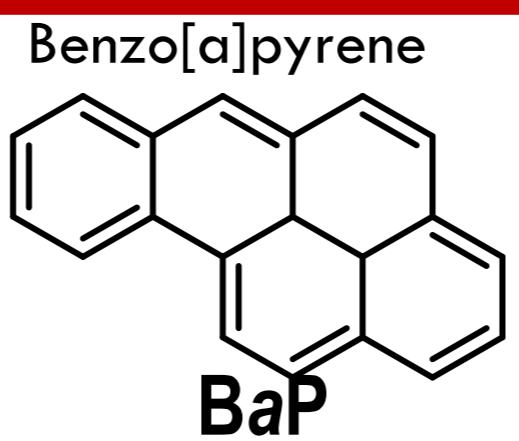
DBahP

# Contamination during high temperature of heat processing

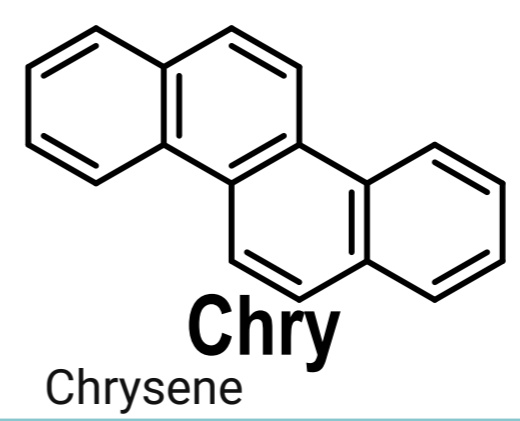
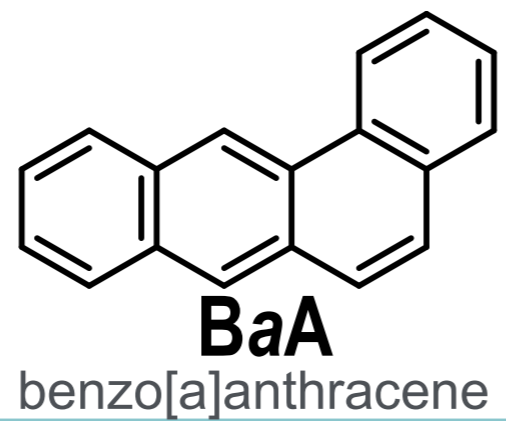


## European Commission Regulation 835/2011 European Food Safety Authority (EFSA)

**2 µg/kg**



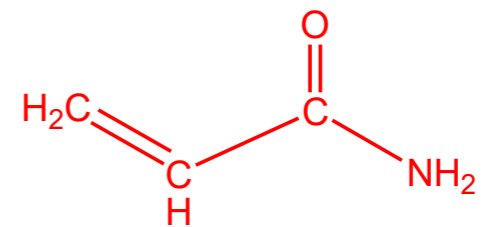
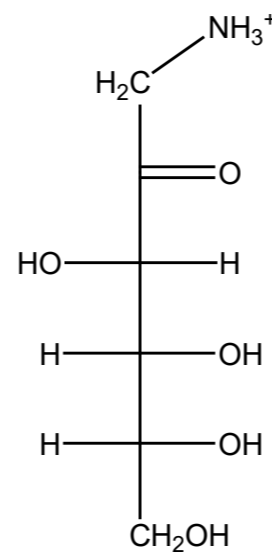
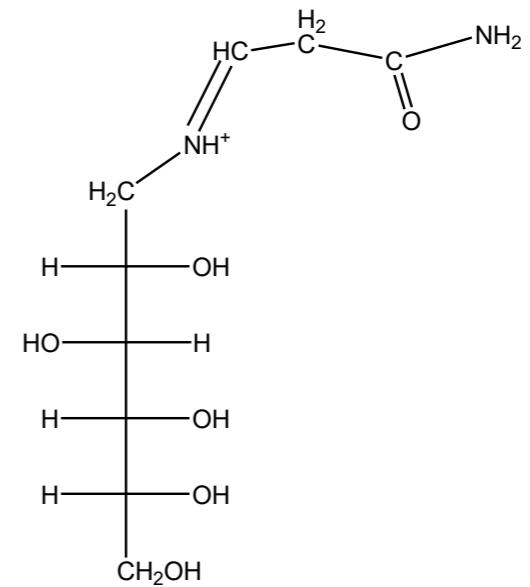
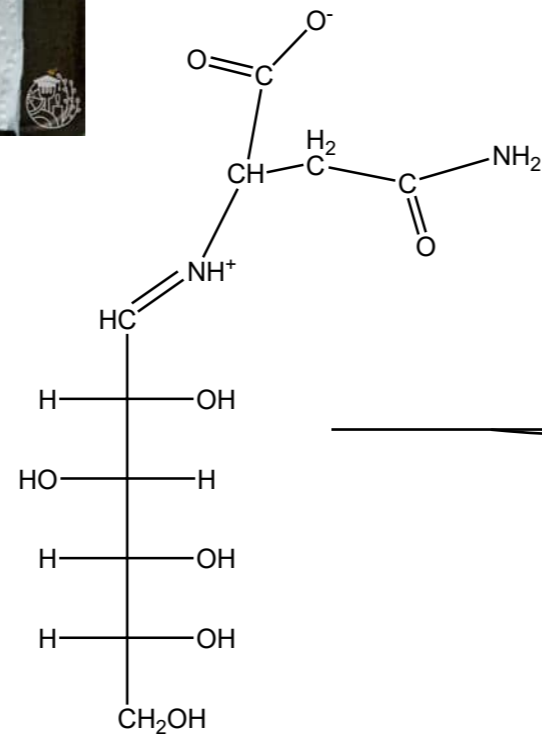
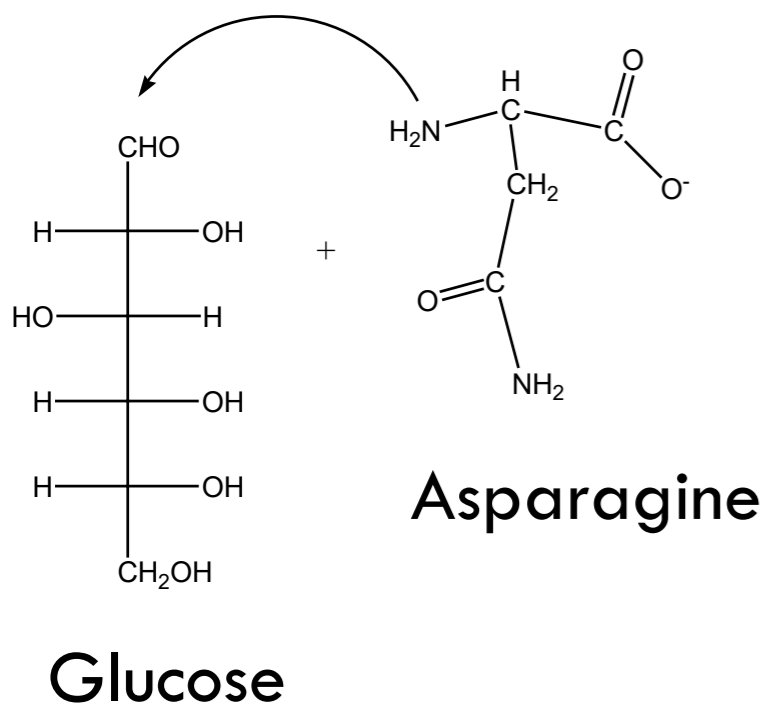
**10 mg/kg**



Dibenzo(ah)anthracene

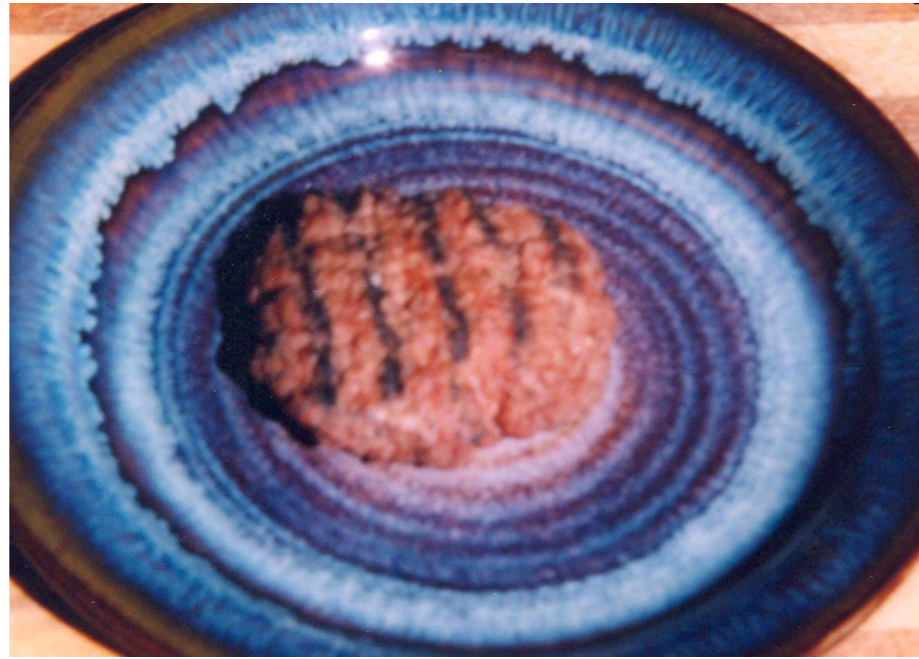


# Acrylamide



**Acrylamide**

**Colors**



**Aromas**

# Maillard Reaction



**Flavors**





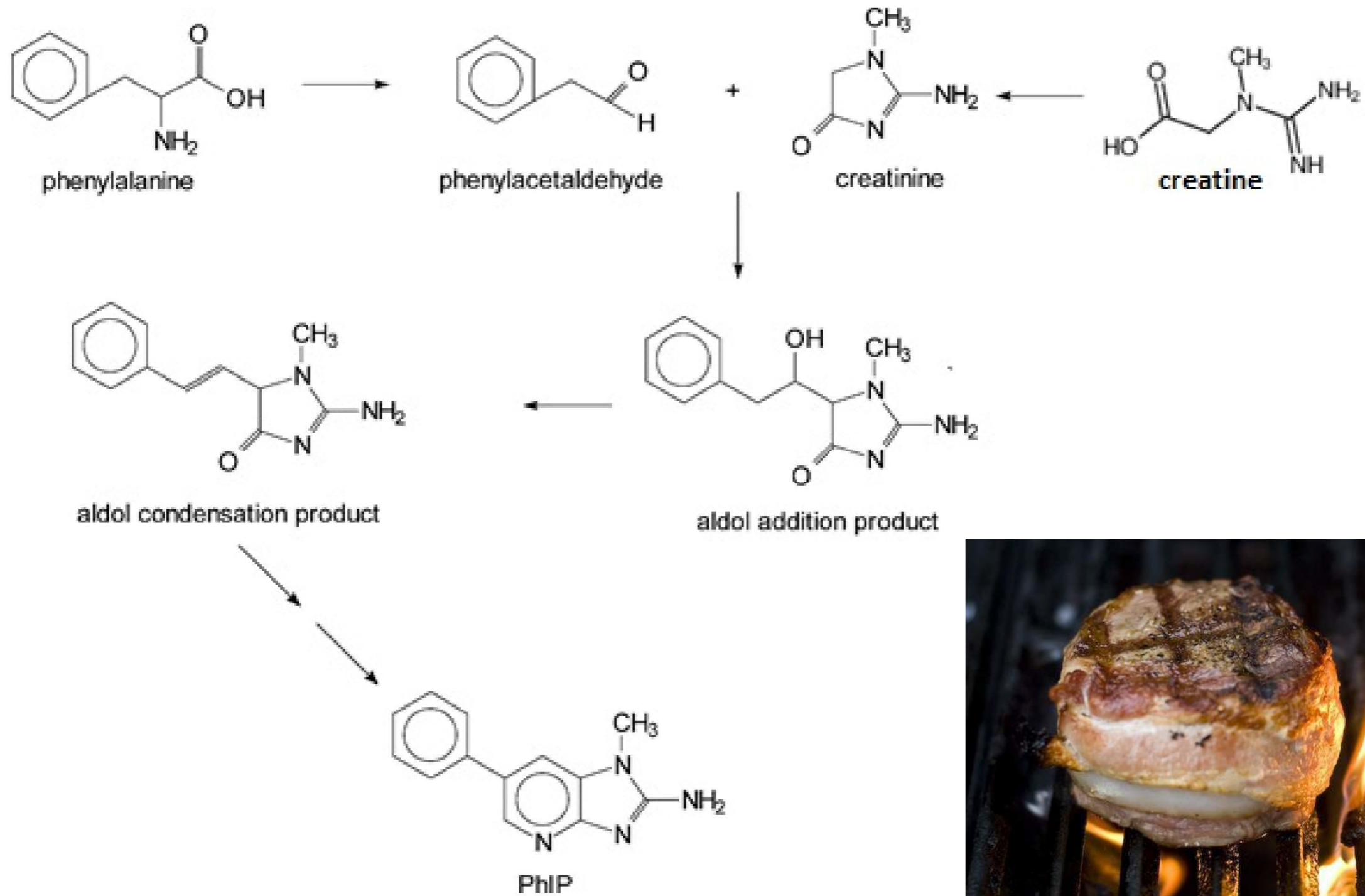
# Amino Acid Pyrolysates

- **Heterocyclic aromatic amines (HCAs)** formed during broiling of meat, fish, or other high protein-rich foods.
- Precursor amino acids: **Imidazo-quinoline or imidazo-quinoxalin-2-amine derivatives** (IQ compounds) formed from the reaction of Maillard products (pyridines or pyrazines, and aldehydes) with creatinine.
- High temperature thermal degradation products of tryptophan ( **$\beta$ -carboline**)
- **Lysinoalanine** and **Lanthionine**



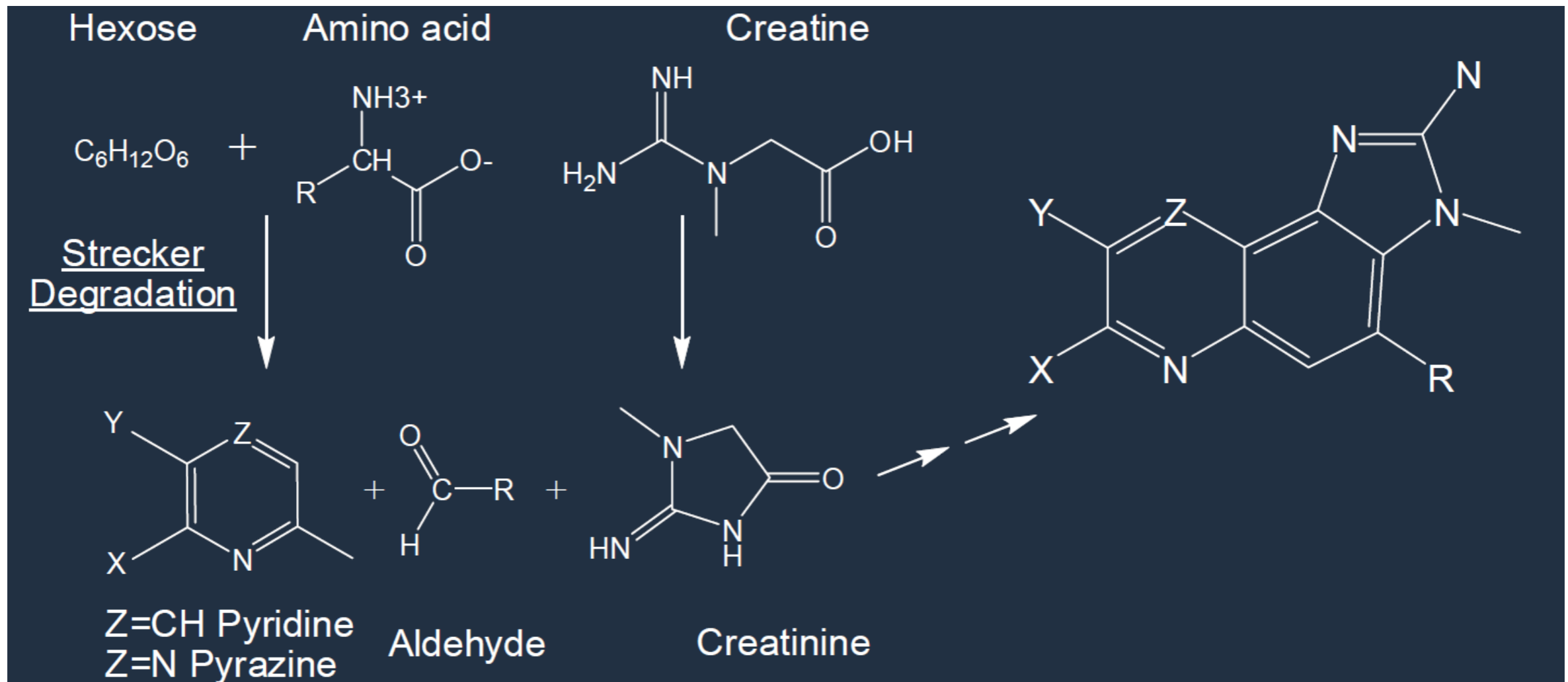


## Food contamination





## Imidazo-Quinolines & Imidazo-Quinoxalines







Green



Light  
Roast

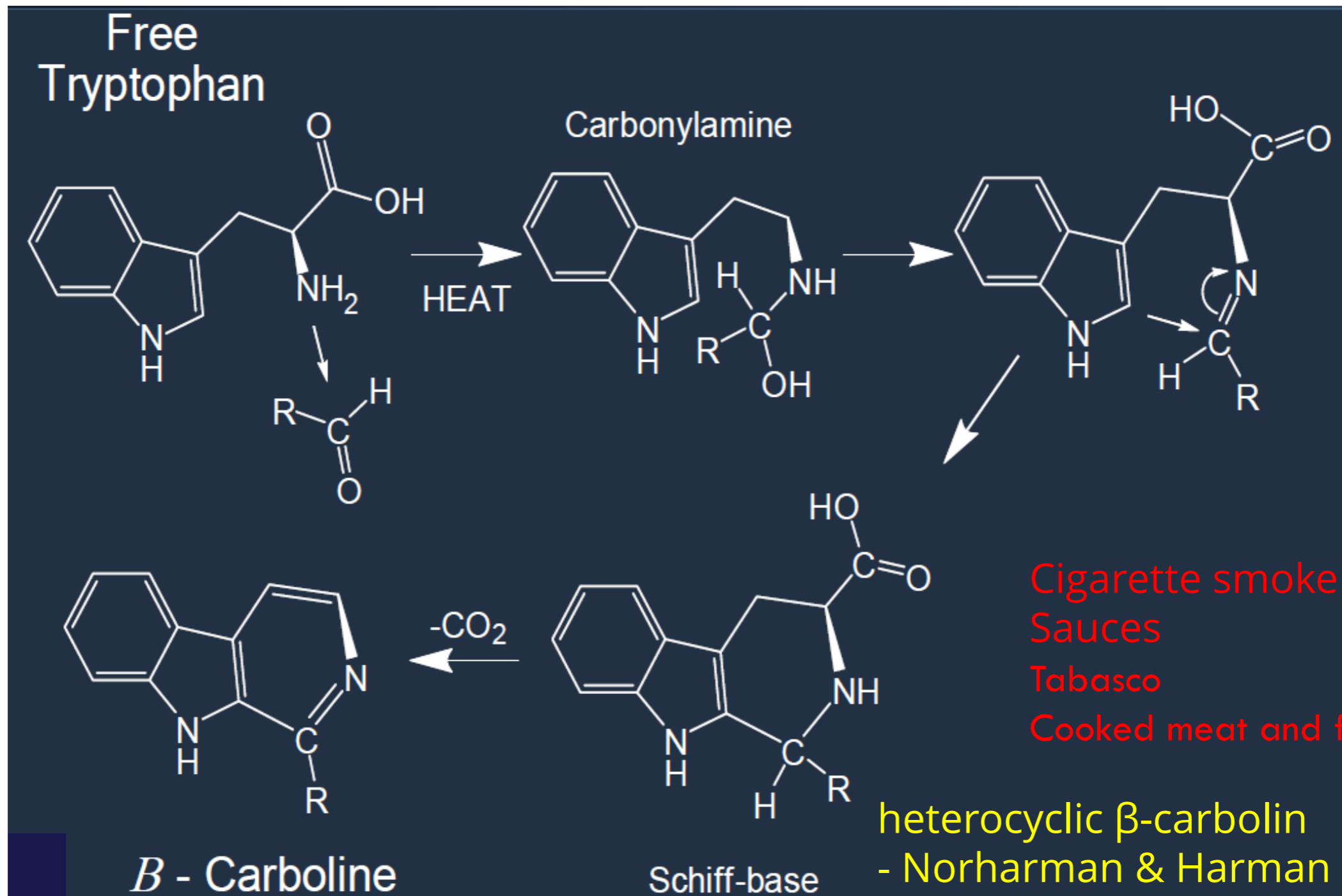


Medium  
Roast



Dark  
Roast

## Formation of $\beta$ -Carbolines

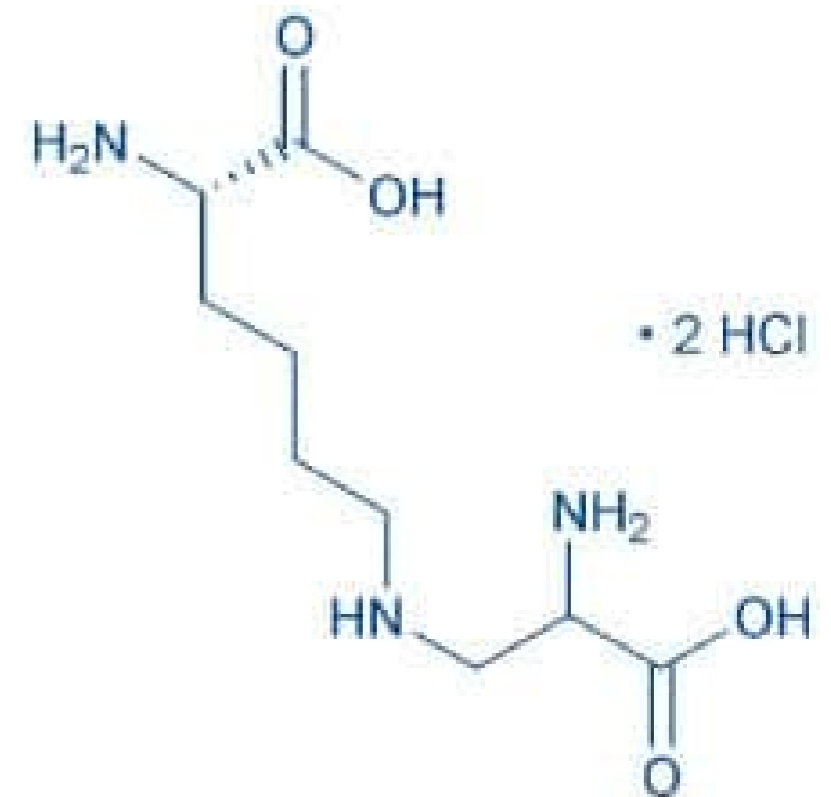


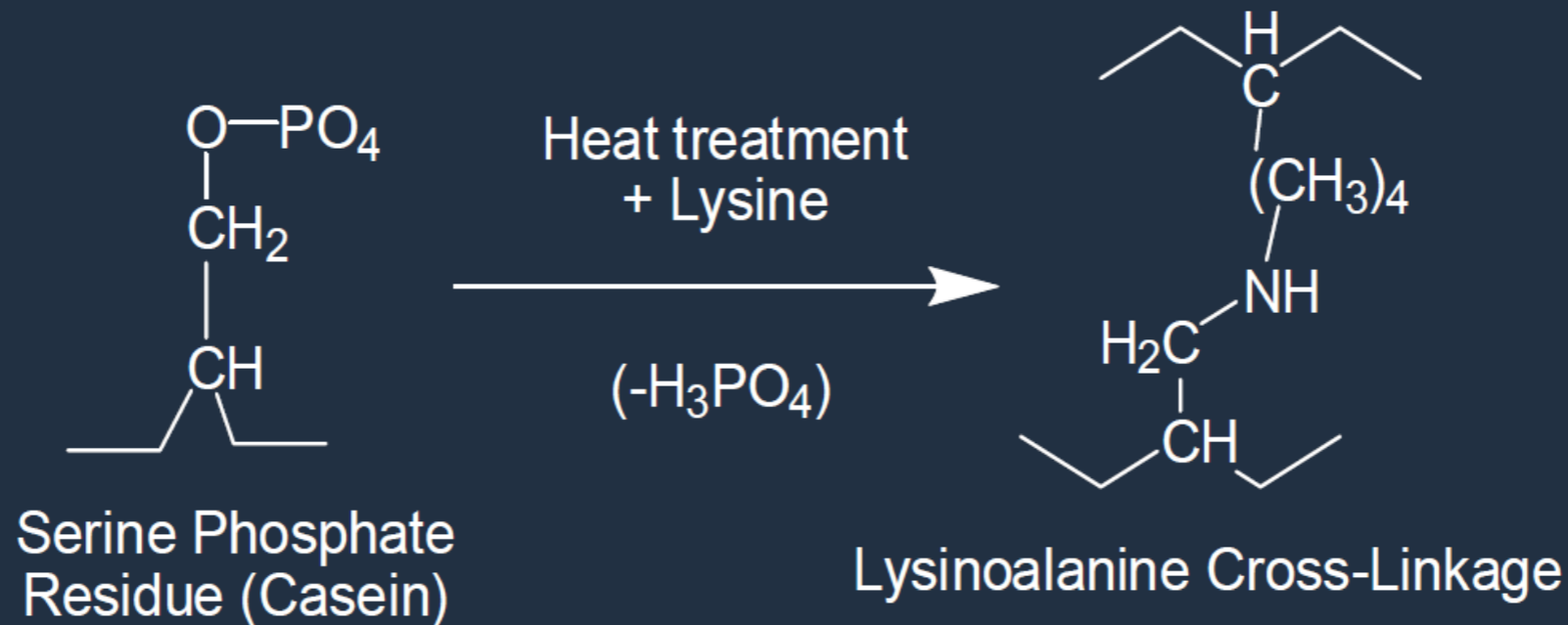
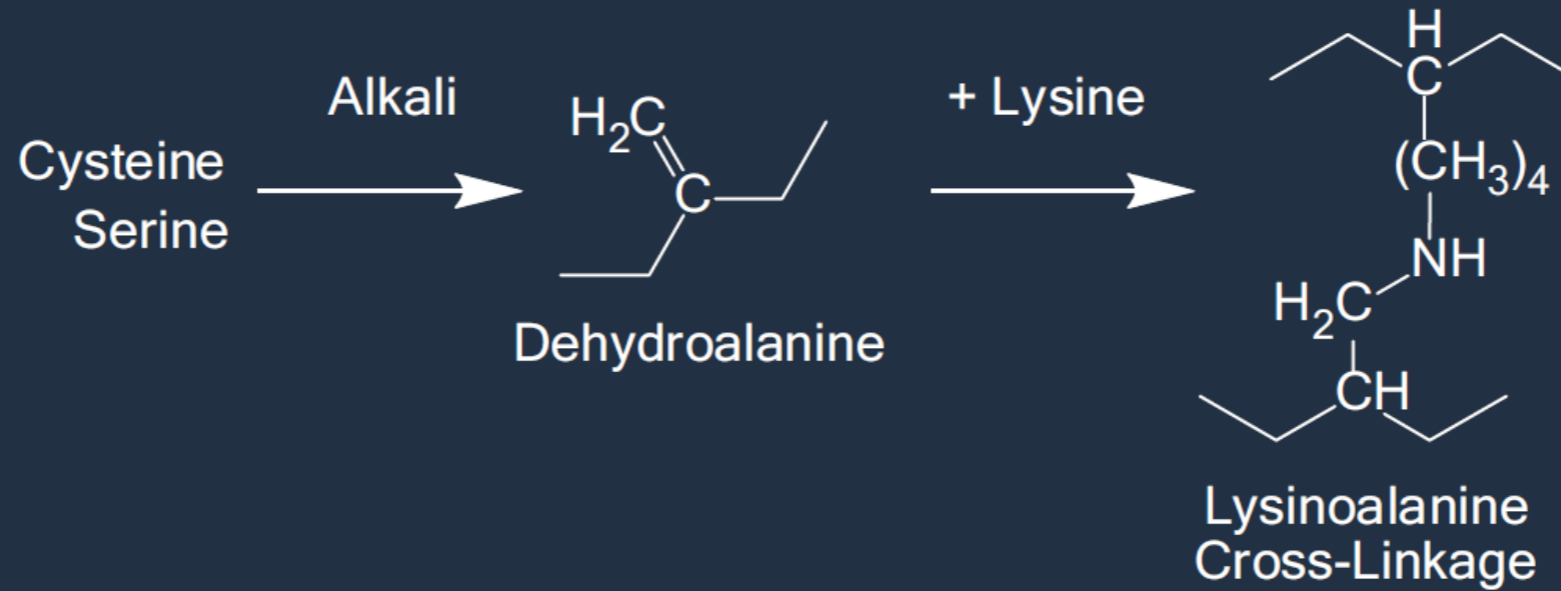


# Lysinoalanine in Food

- Cross-linked lysine arising from alkali and heat treatment of proteins.
- Little influence on available lysine.
- Reduced protein digestibility.
- Strong affinity for copper and other metal ions (enzyme inactivation).
- Main concern is toxicological.
- Renal cytomegaly in rats.

protein concentrates







# Method validation

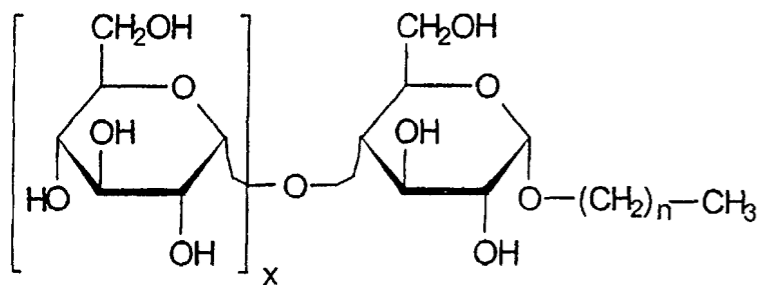
## Alkyl poly glycoside

LOD = 450 mg/kg

LOD = 1000 mg/kg

Recovery = 82 – 103%

SD = 7-10%



CAS No 68515-73-1  
MW 320.42



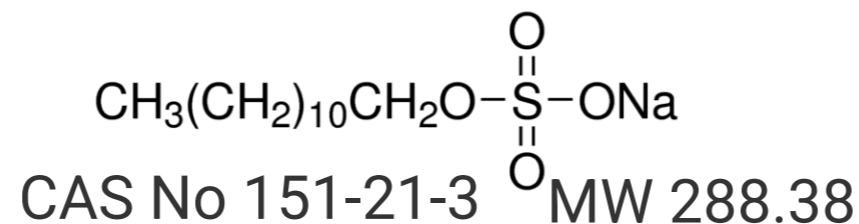
## Sodium dodecyl sulfate (SDS) (Sodium lauryl sulfate)

LOD = 500 mg/kg

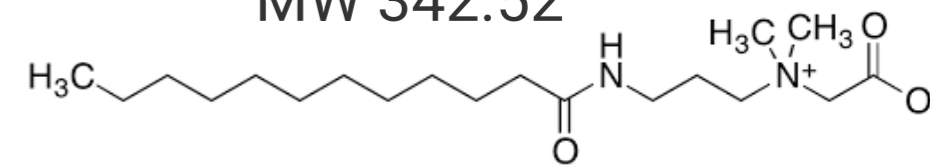
LOQ = 1500 mg/kg

Recovery = 78 – 85%

SD = 10-15%



CAS No 86438-79-1  
MW 342.52



## Cocamido propyl betaine

LOD = 200 mg/kg

LOQ = 600 mg/kg

Recovery = 74 – 91%

SD = 7-12%



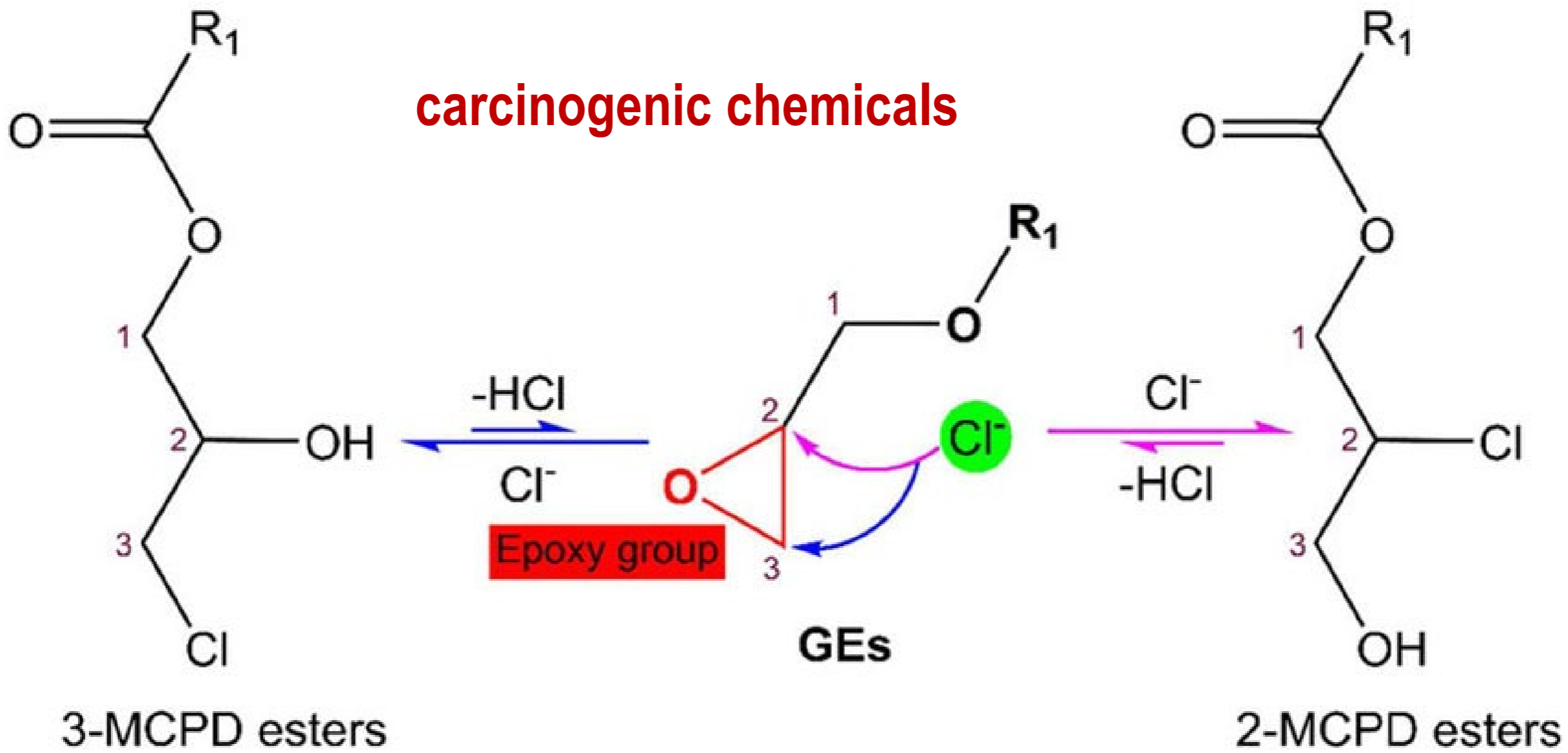
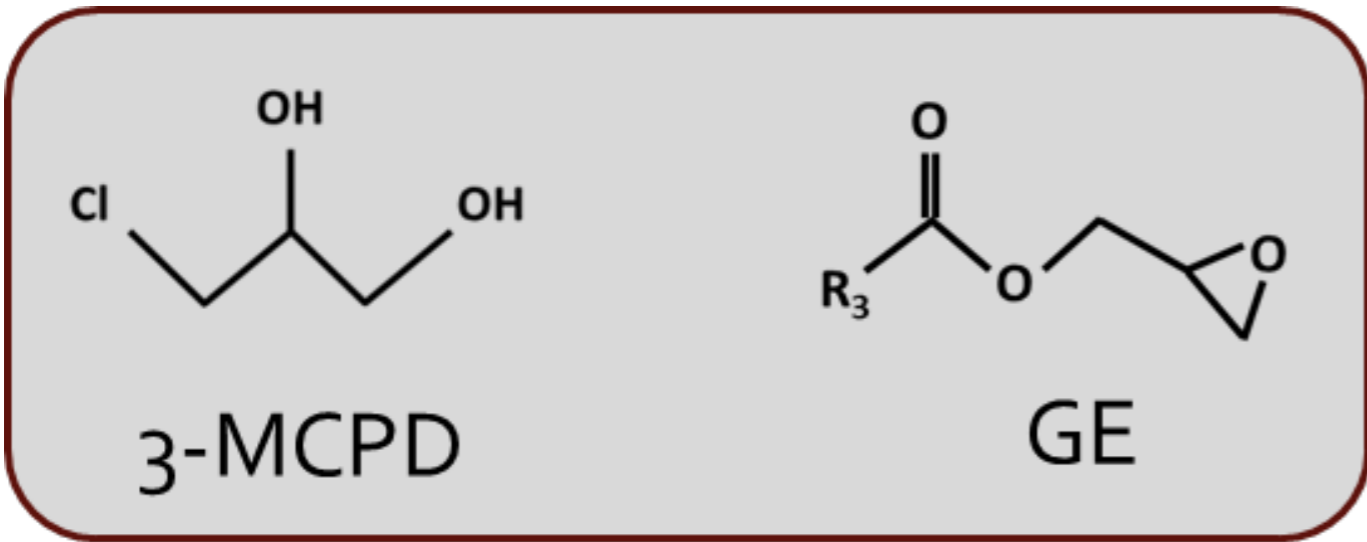
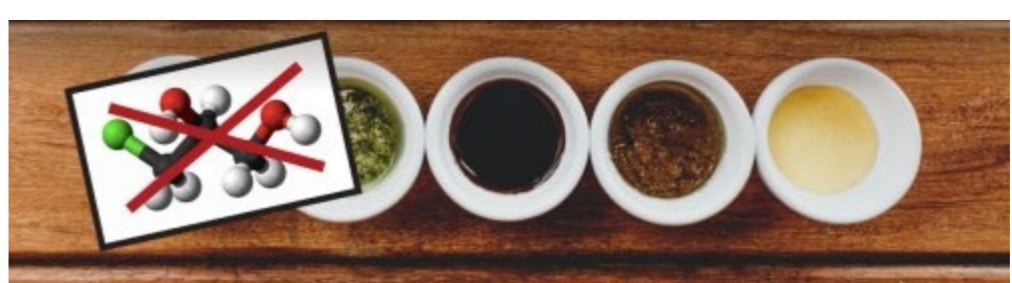
# Allergy Processing

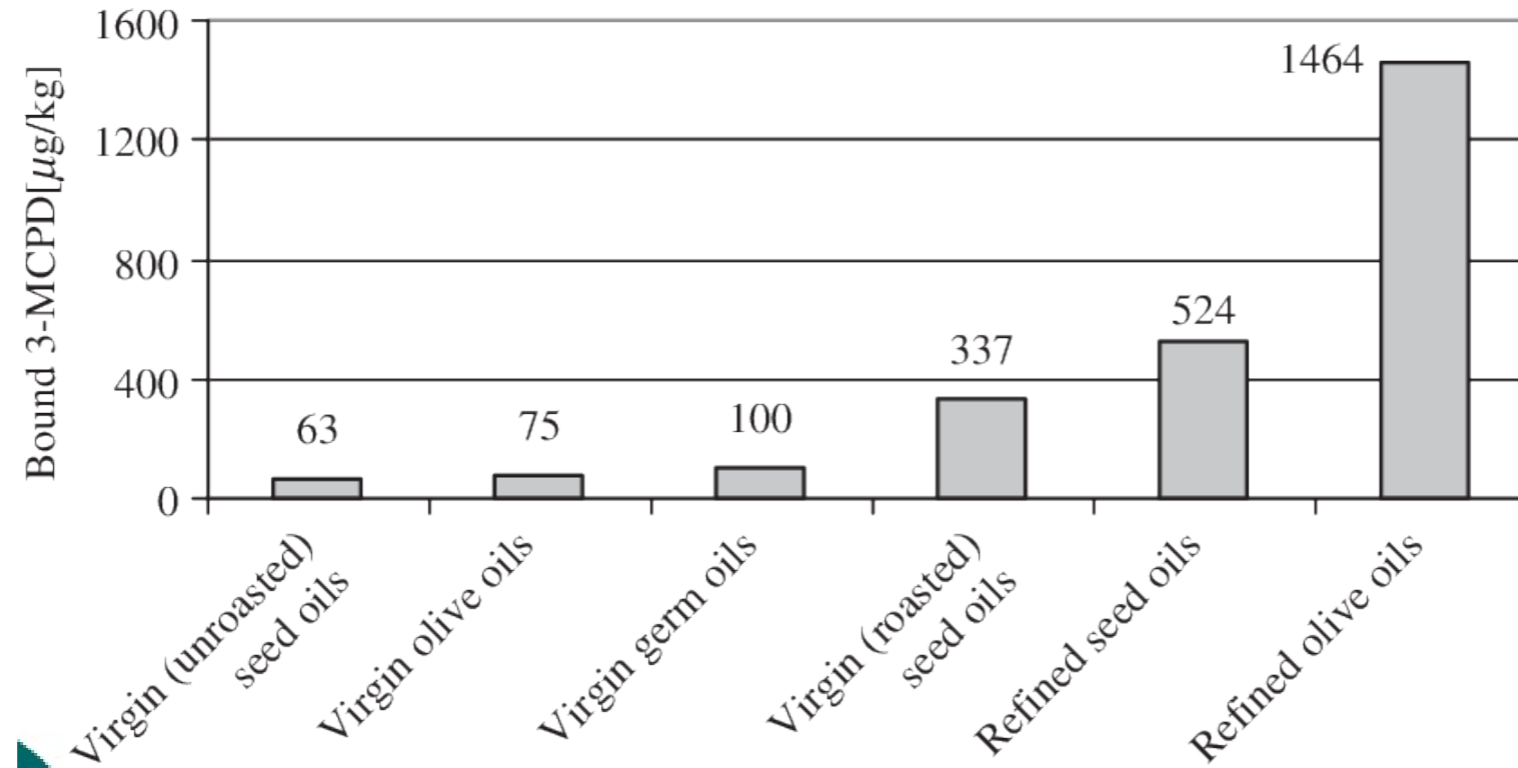
- Allergenic protein content depends on processing and varies by brand
  - Higher allergenic protein content:
    - More mature, larger kernels
    - Drying or curing at higher temperatures
    - Roasting
    - Whipped or emulsified peanut butter
  - Less allergenic protein content:
    - Small kernels
    - Raw peanuts
- Biogenic amines in fishery raw materials and products, fermented food: Inefficient heat treatment/ without optimized storage condition





3-MCPD คืออะไร  
ทำไมก่อให้เกิดมะเร็งได้





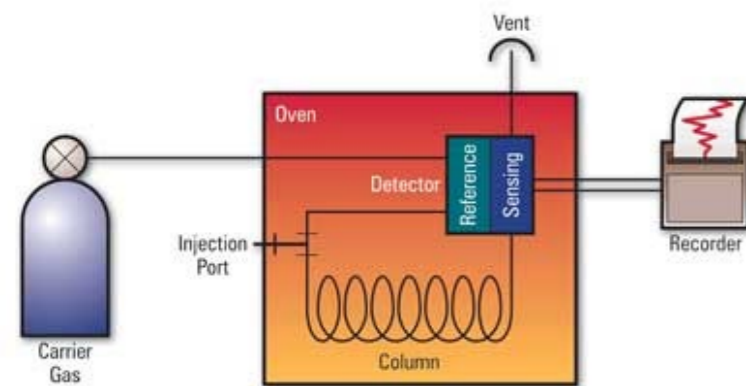
**GCMS  
FTIR**

**LCMS  
UHPLC  
MS**

## 3-MCPD fatty acid esters levels in different vegetable oils

Oils	Number of Samples	3-MCPD fatty acid esters level ( $\mu\text{g}/\text{kg}$ ), expressed as 3-MCPD	
		Mean	Minimum - Maximum
Peanut oil	3	570	500 - 650
Canola oil	3	110	100 - 130
Corn oil	3	280	120 - 470
Olive oil	3	390	250 - 640
Grape seed oil	3	1180	390 - 2500
Extra virgin olive oil	1	10	ND

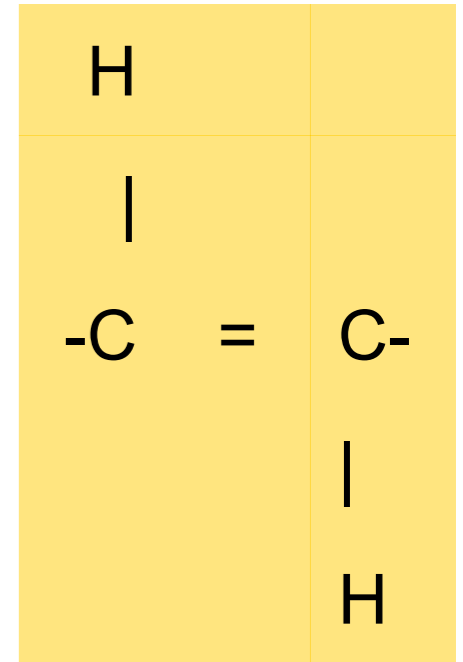
- Local levels ranged 100 - 2500  $\mu\text{g}/\text{kg}$  (except extra virgin olive oil)
- Reported levels in other countries <200 - 21500  $\mu\text{g}/\text{kg}$



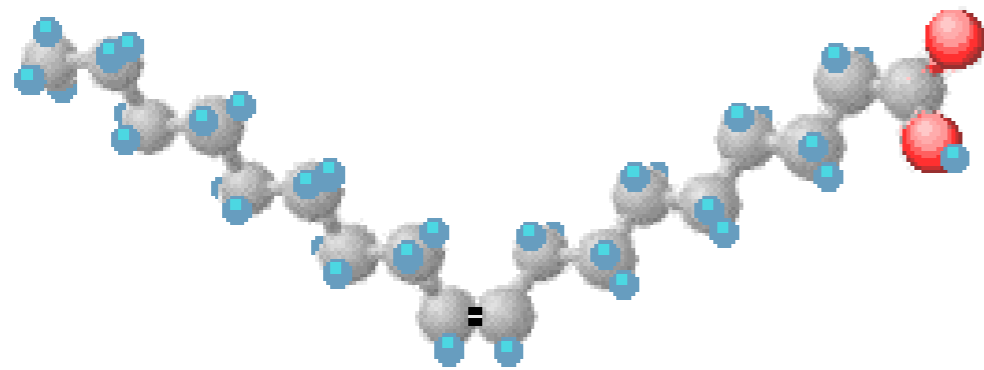
## Contamination by process: Trans fat

# Hydrogenation

Hydrogen + Vegetable Oil = Hydrogenated  
Vegetable Oil

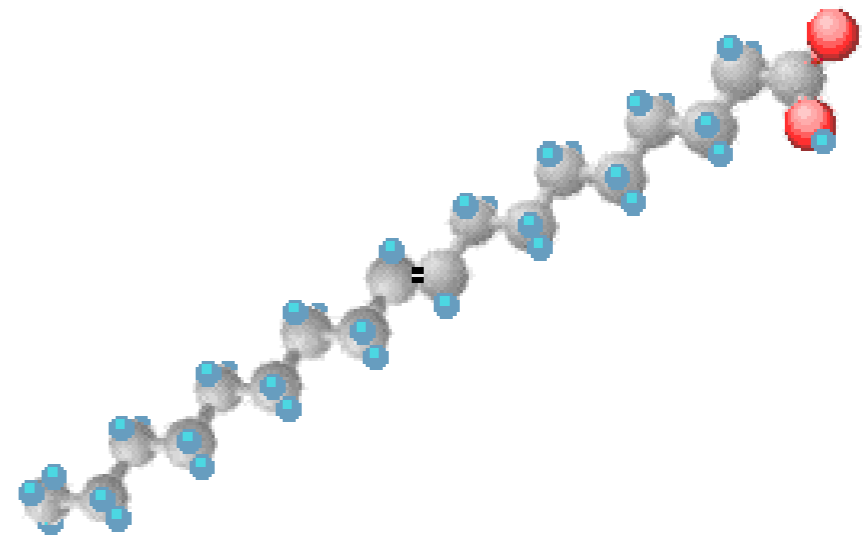


**Partially hydrogenated oils contain trans fat**



*Cis*

VS.



*Trans*







## Food contamination

1. **Hydrogenated oils + Trans fat.** You know how the FDA is banning trans fats? That's because foods with hydrogenated or partially hydrogenated oils contain trans fat, which are known to cause cancer, heart disease, and other health problems.

2. **Nitrites + Nitrosamine.** Sodium nitrite, which is in most hot dogs, lunch meat, and other processed meats, is a cancer-causing ingredient that the USDA has been trying to ban since the 1970s. Hence why I don't get the 'new' report. Like, we've known processed meats are bad for almost half a century.

3. **Grilled or charcoaled foods.** Those char marks on your grilled burger? They are a carcinogen, called **Heterocyclic amines (HCAs) + PAHs.**

4. **French fries or potato chips.** **Acrylamide** via Maillard reaction. Glycoalkaloid contamination.

5. **Fermented foods.** **Allergy + Biogenic amines**

**Heterocyclic  $\beta$ -carboline**

6. **Vegetable and fruit.** Pesticides or Herbicides

**Lysinoalanine**

7. **Seafood.** Formaline or natural toxin (๕ ๕ fl๕ fff๕ fff๕) or heavy metals

**Surfactant**

8. **Nuts.** Mycotoxin (Aflatoxin) + **Allergy**

**THC**

9. **Soysauce/ Palm oil.** **3-MCPD** (3-monochloropropane-1,2diol)

10. **Dried food.** Food additives, Mycotoxin or Arsenic

11. **Rice.** Methylbromide or Arsenic or Pesticides



Food Science & Technology

**AGRO-INDUSTRY**  
Kasetsart University

**Surfactant**

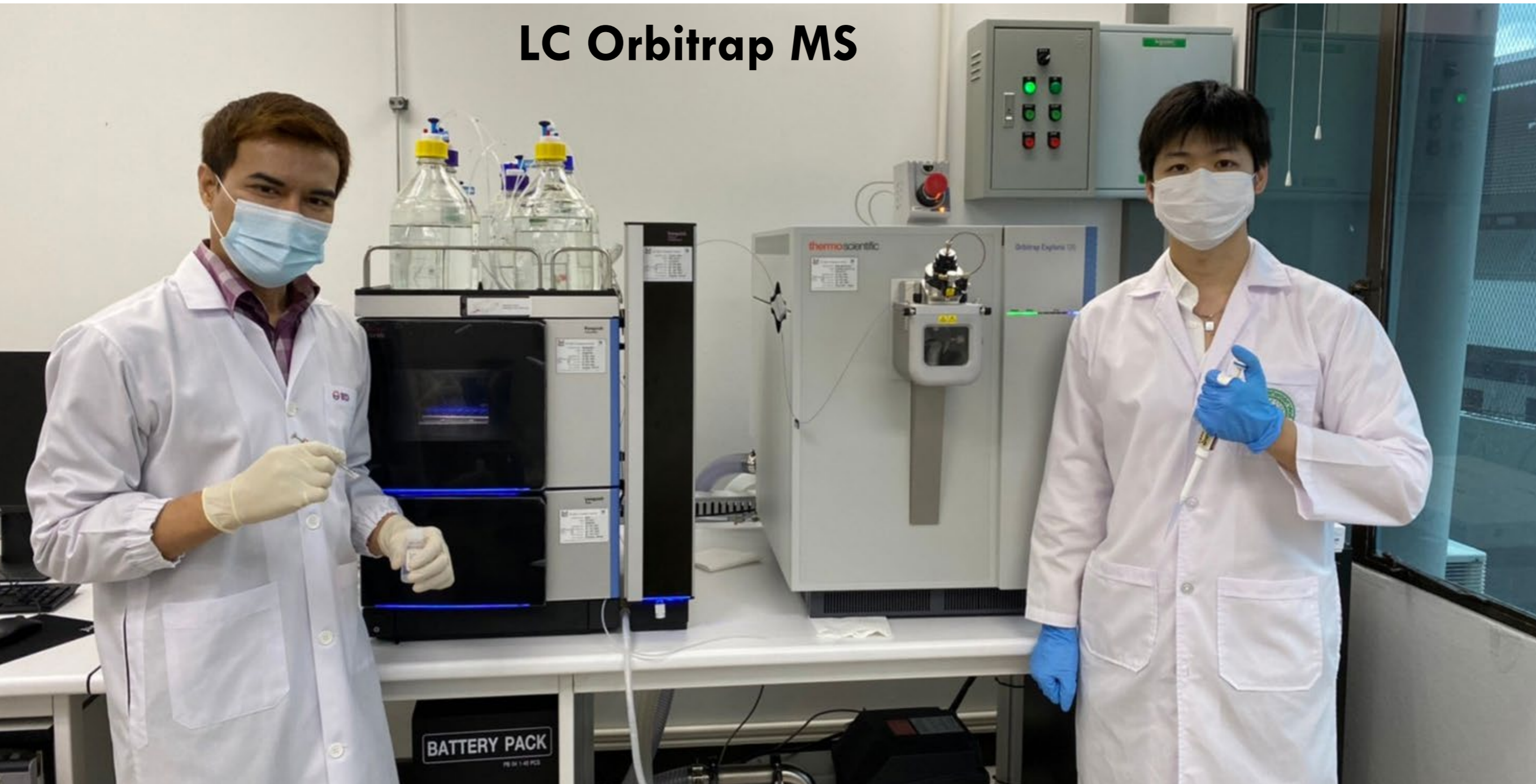
**Acrylamide**

**PAHs**

**THC**

**Food contamination**

## LC Orbitrap MS





Food Science & Technology

**AGRO-INDUSTRY**  
Kasetsart University

**Nitrosamine**

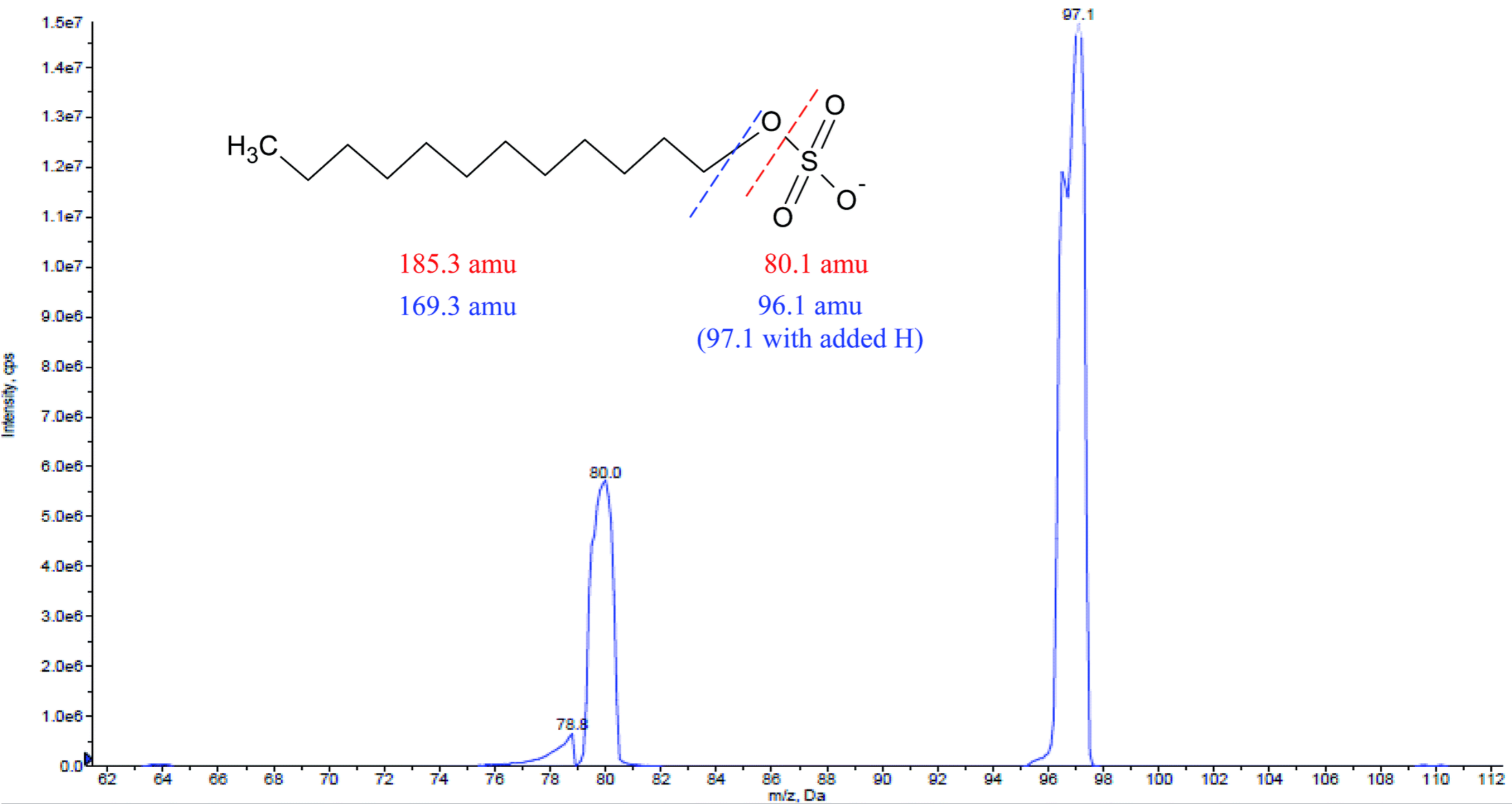
**3-MCPD**

**Food contamination**

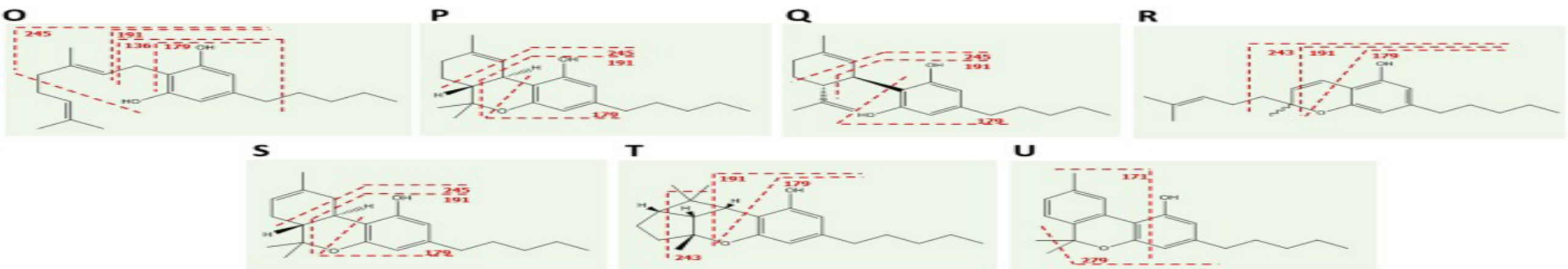
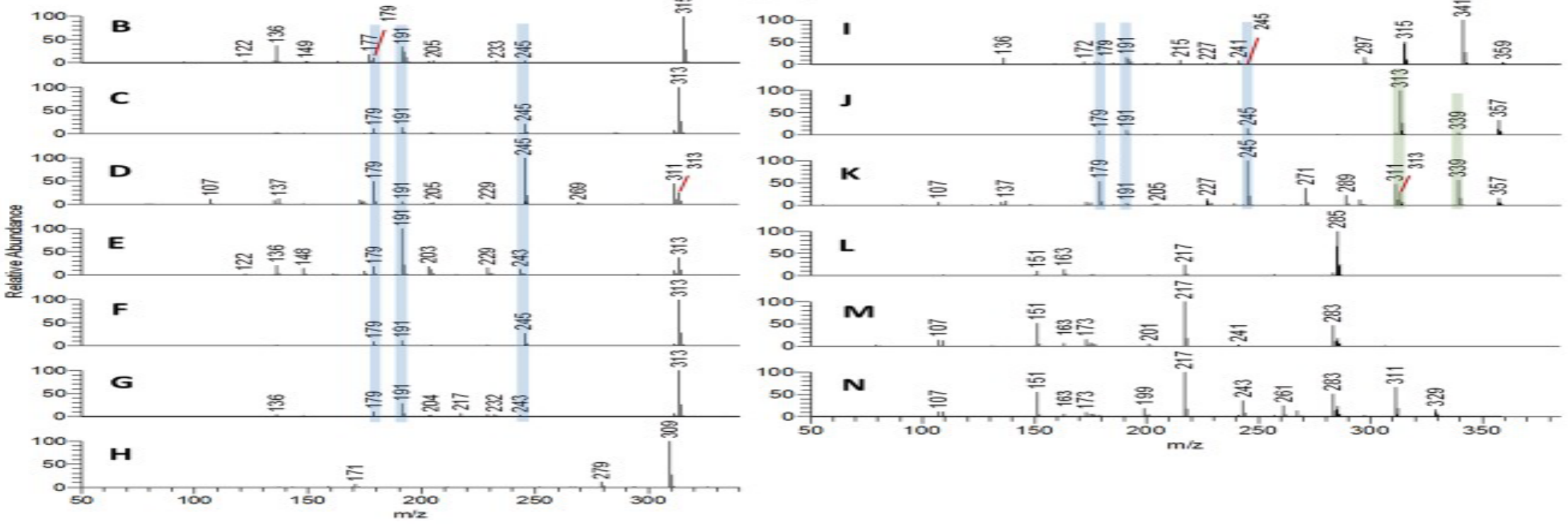
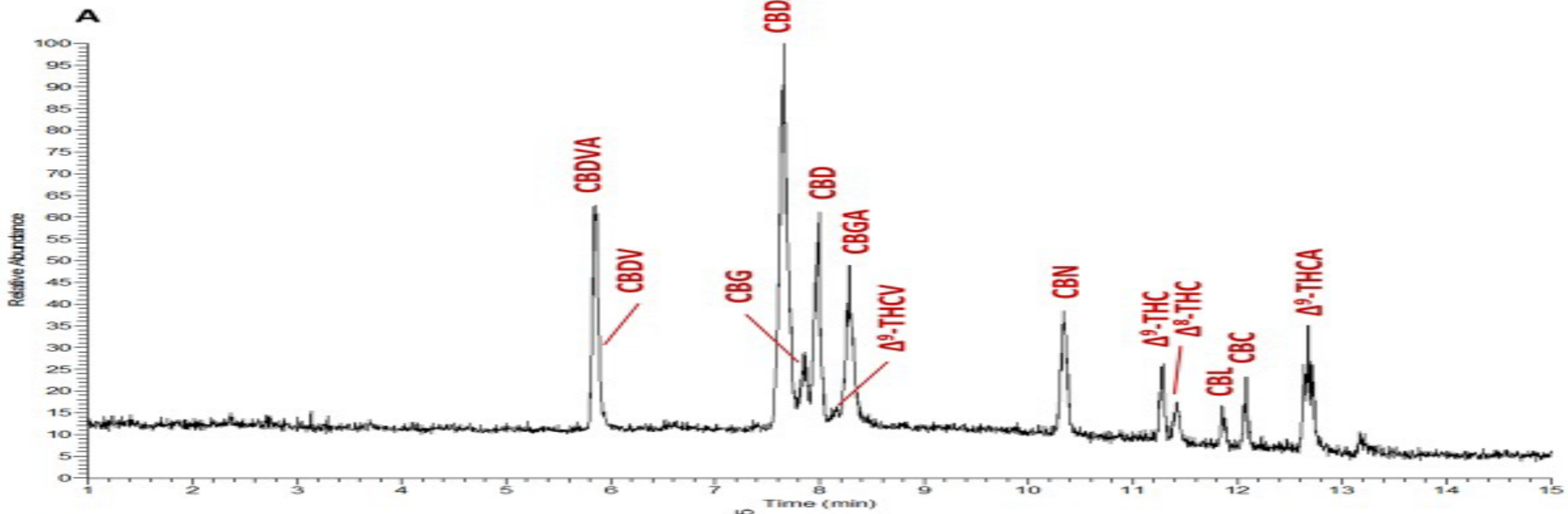




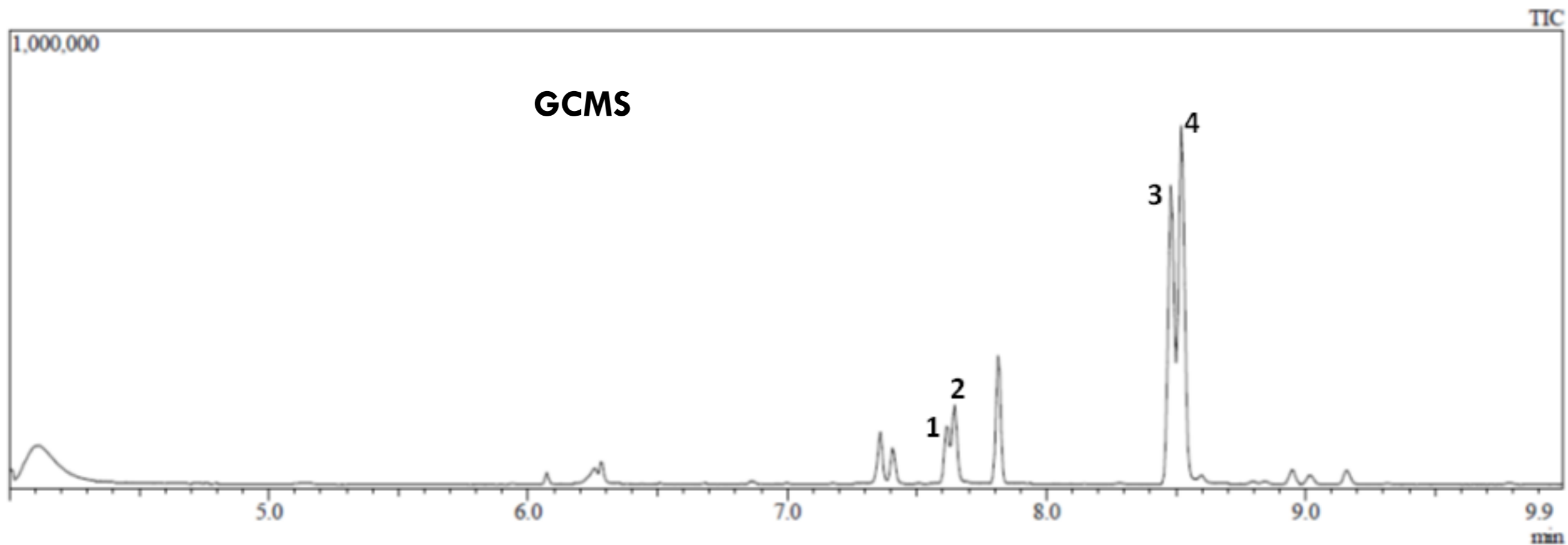
# Surfactant



THC



# MCPD

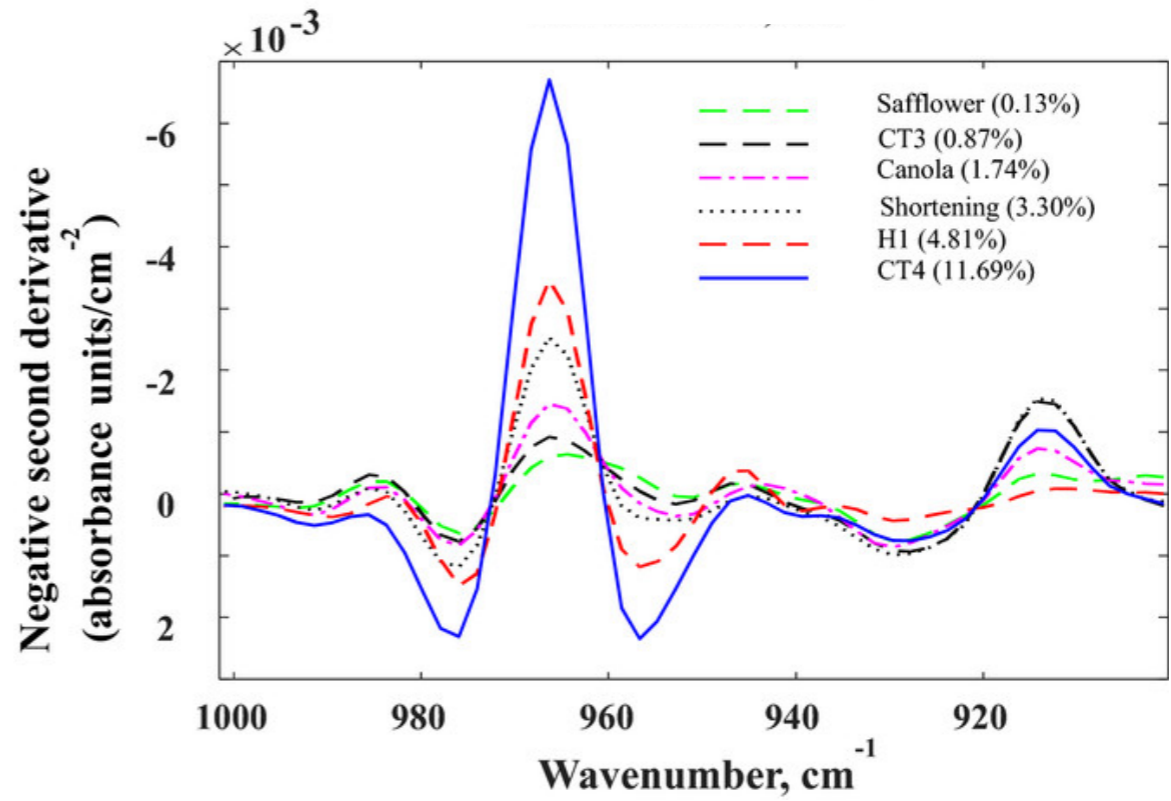
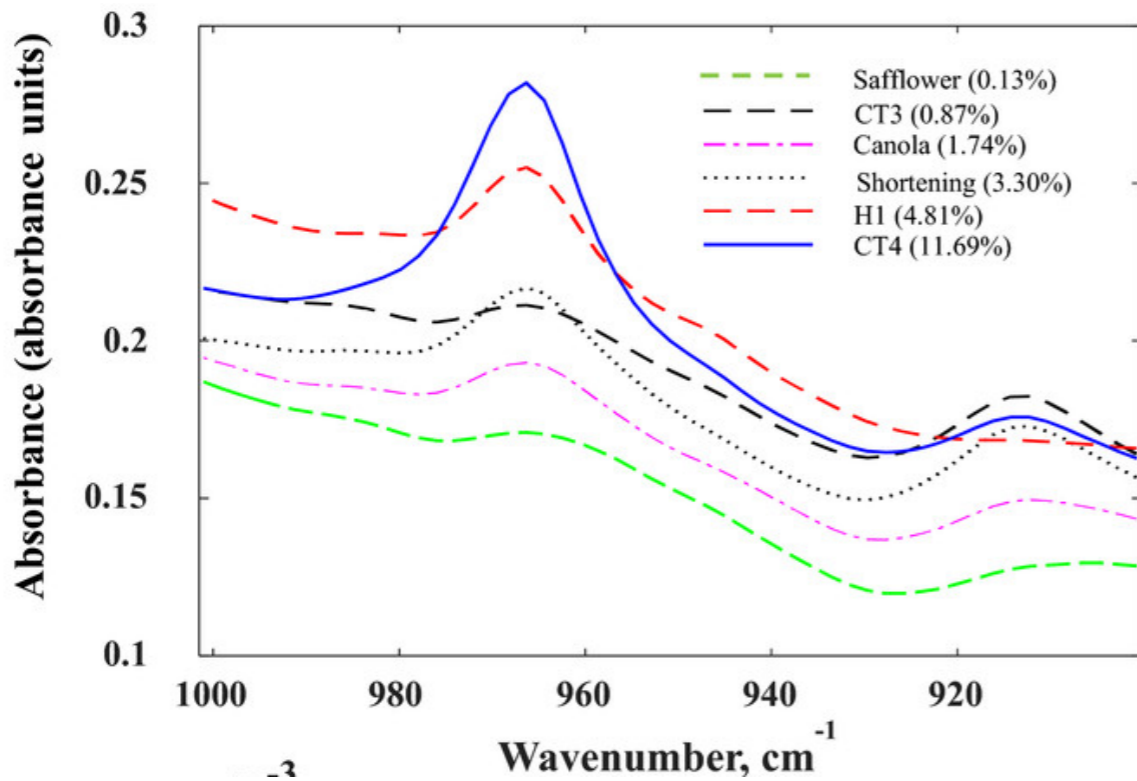
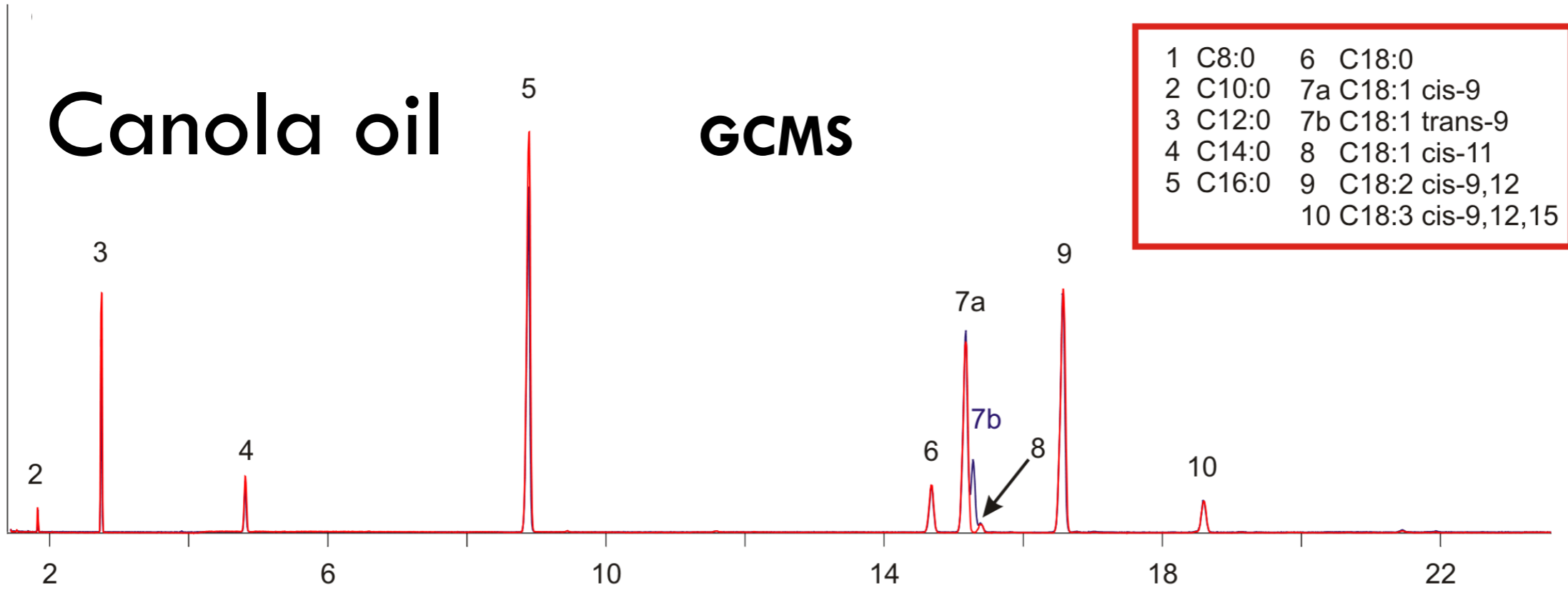


ffz öd'fiffo fiy öd'ÿ ežē flö 3-MCPD-d5 (1), 3-MCPD (2), MBPD-ester-d5 (3) fièffl MBPD-ester (4)



# Canola oil

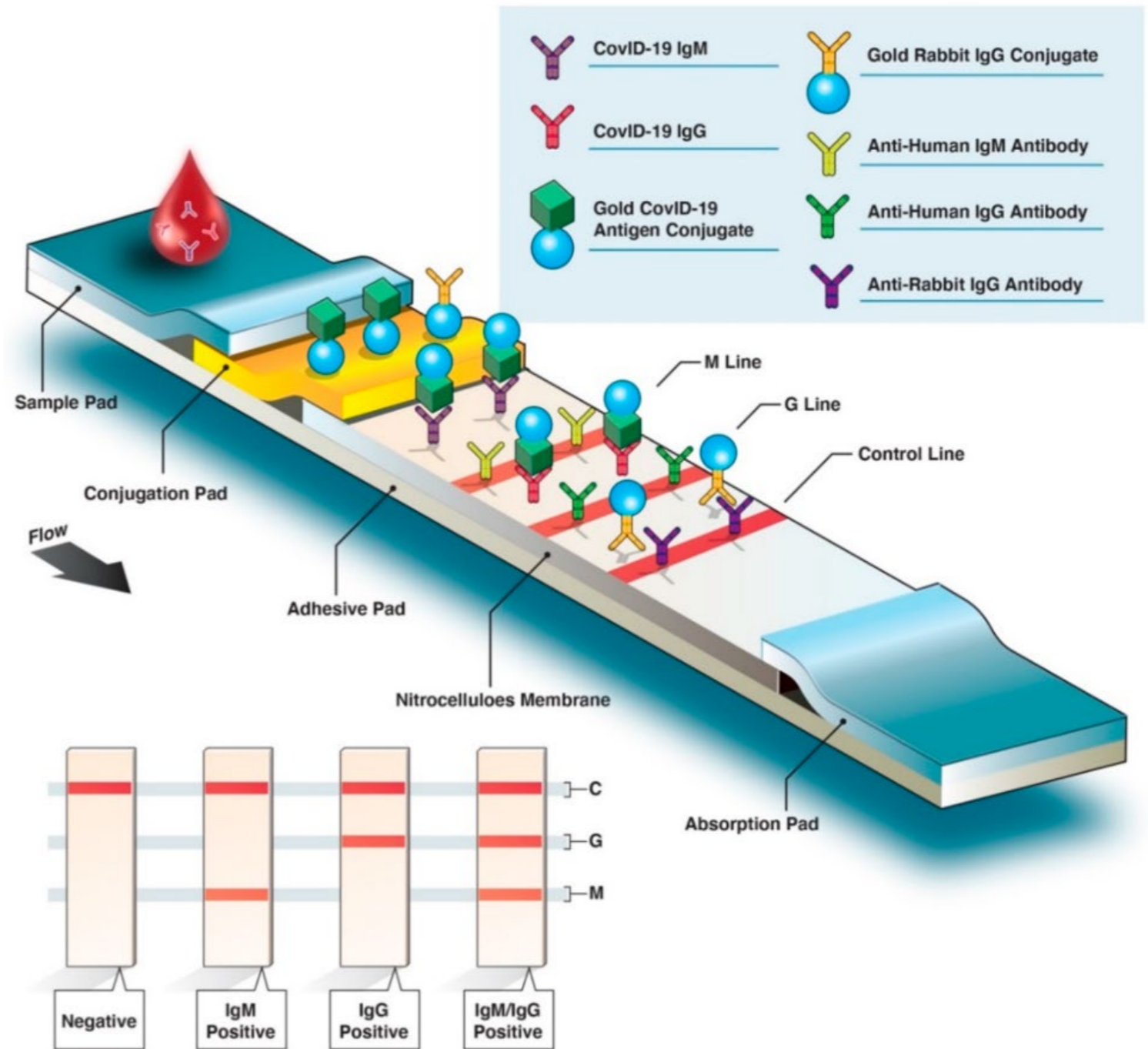
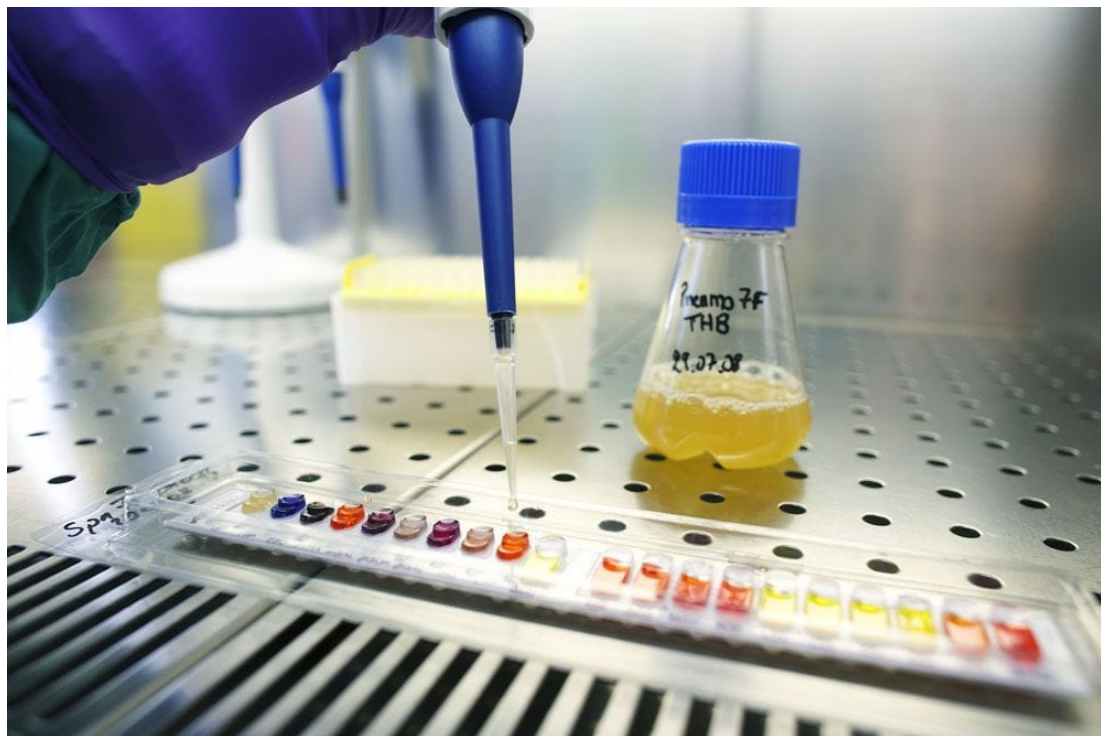
# GCMS



# FT-IR

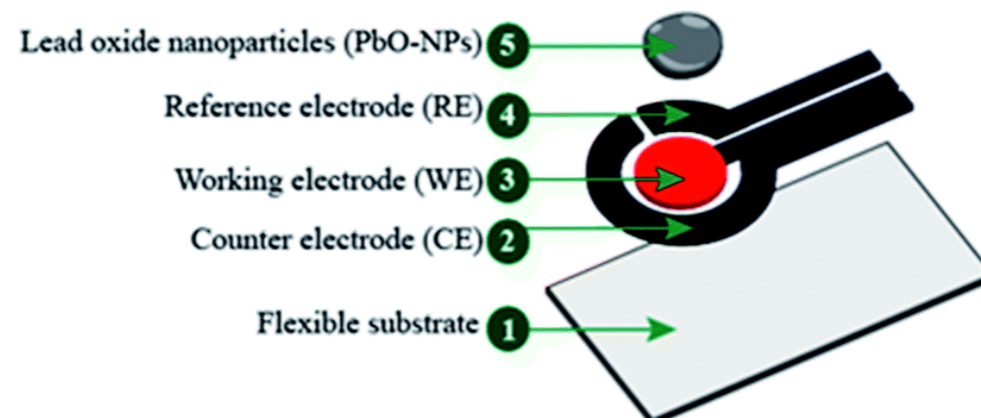
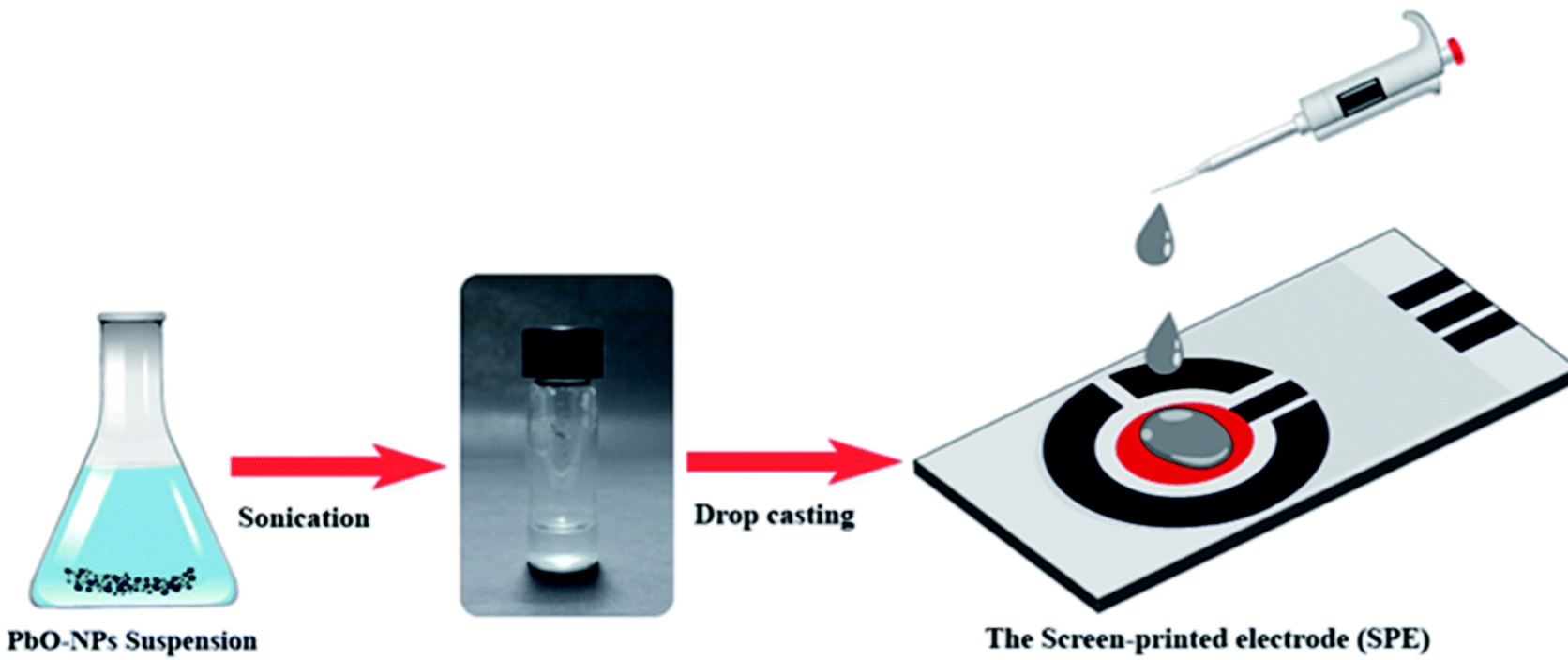
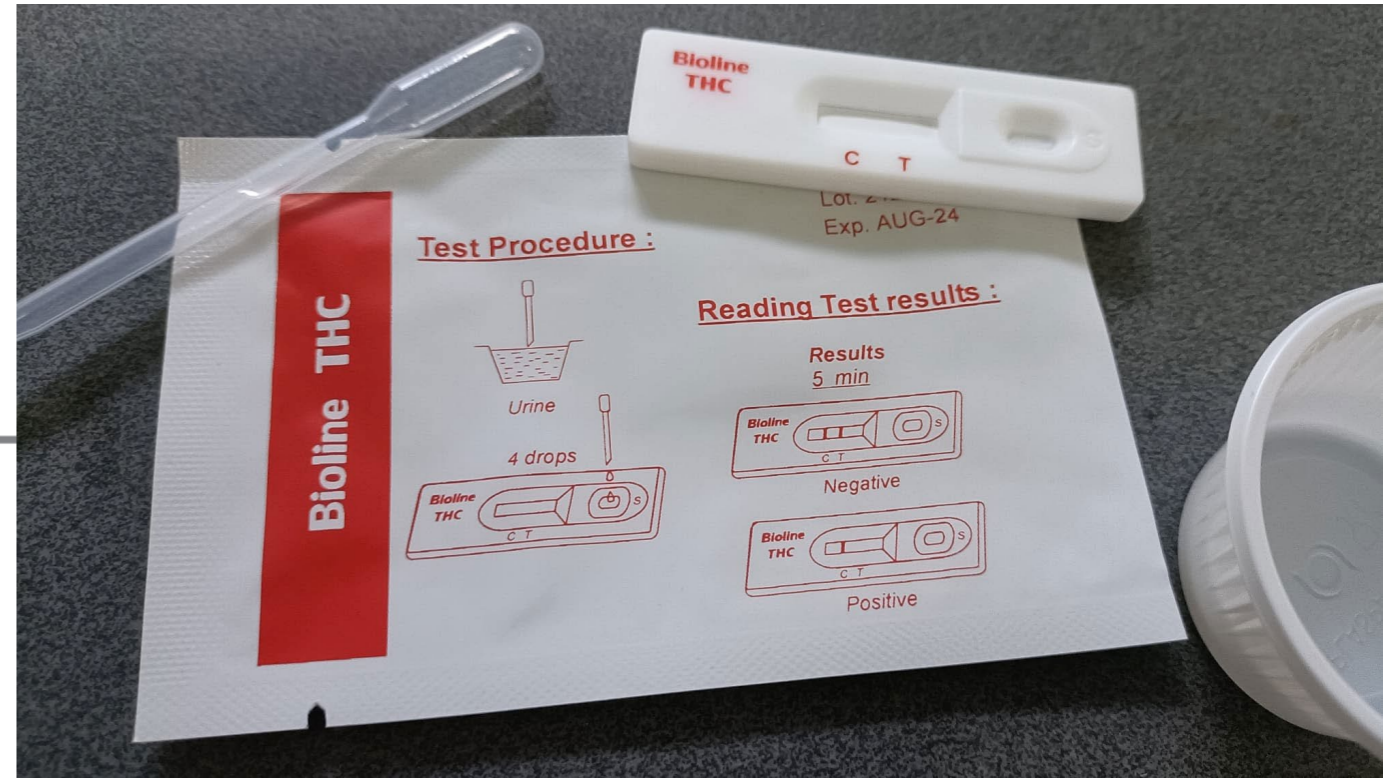


## Food contamination





## Food contamination



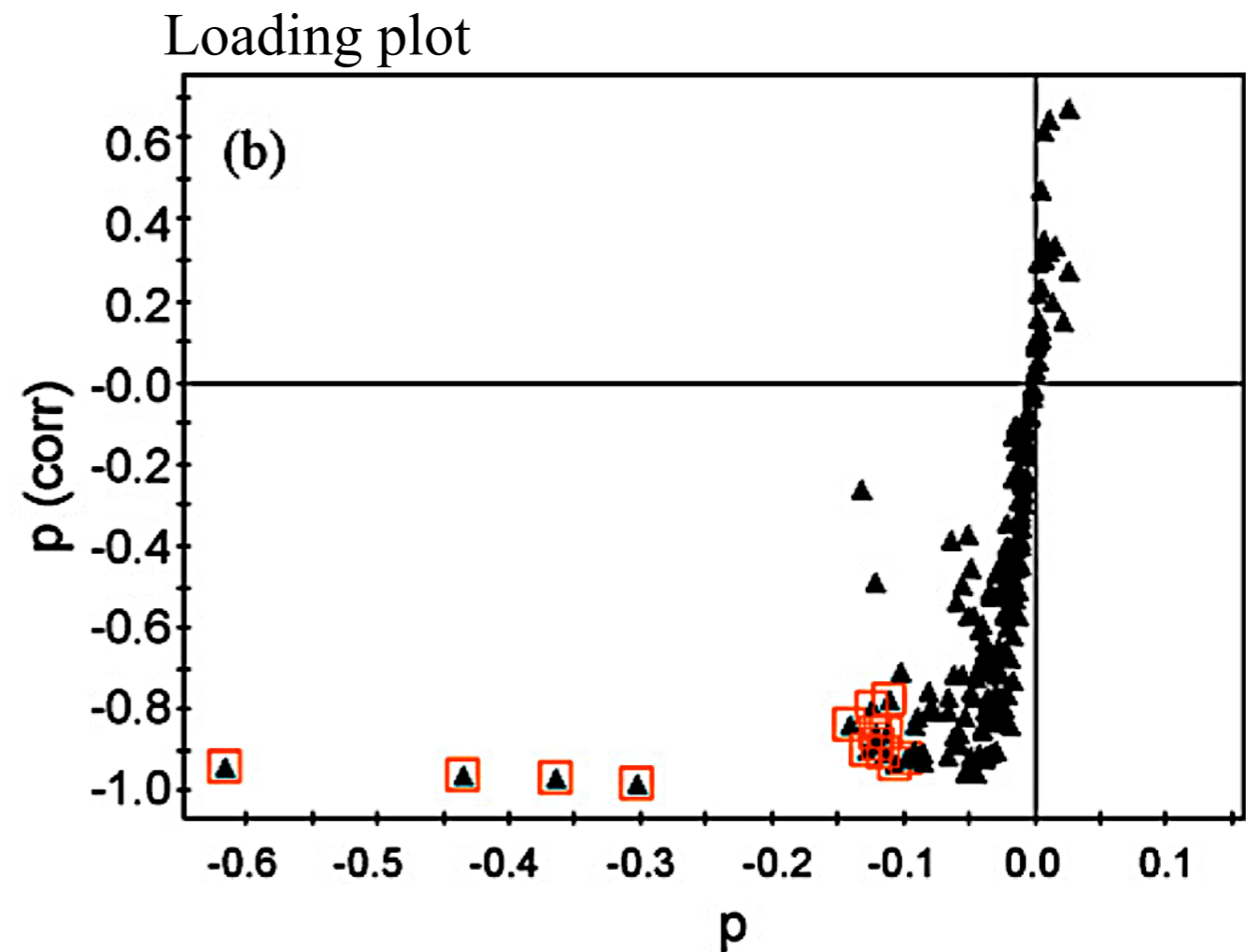
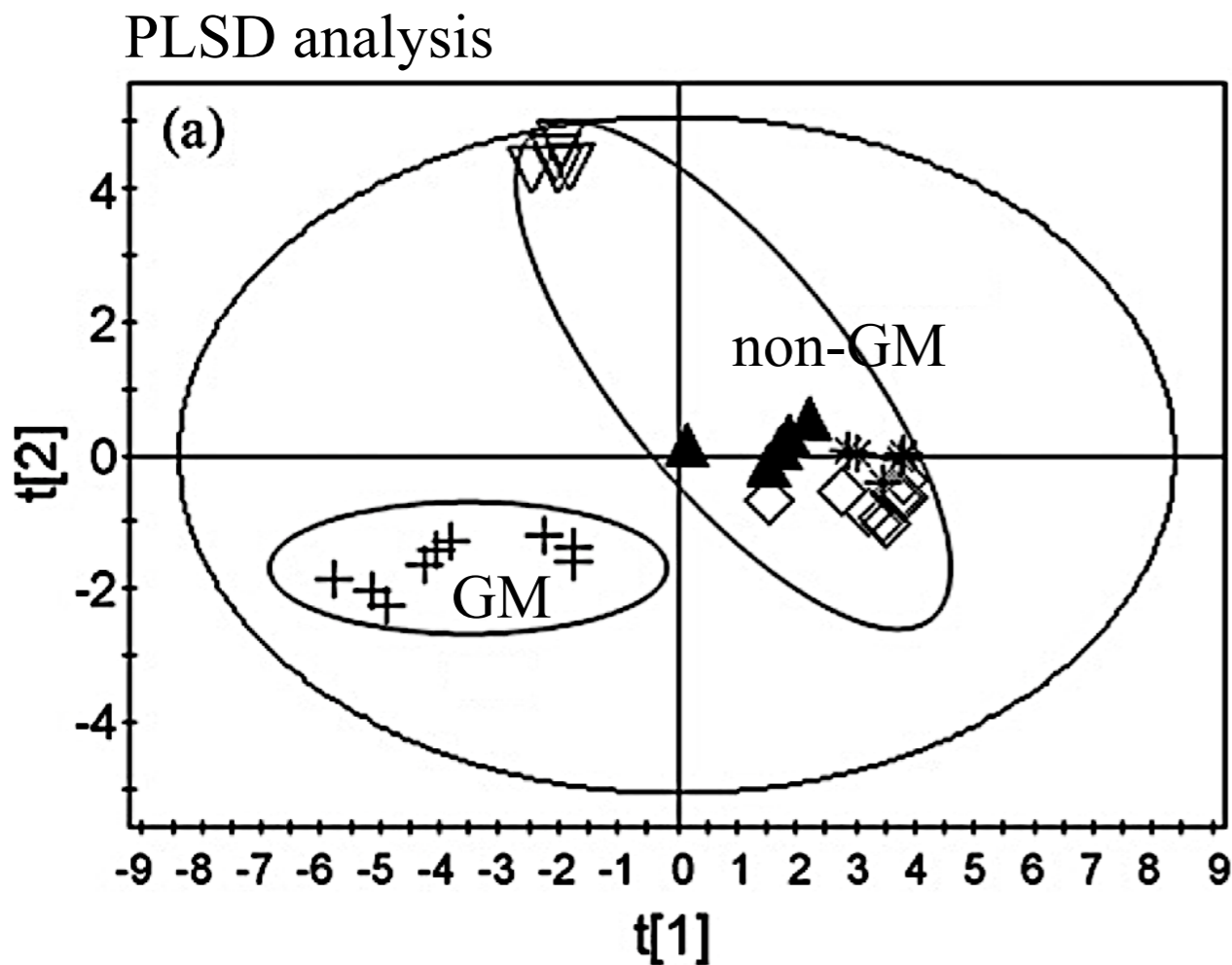


Food  
safety

Metabolomics, Lipidomics and Flavoromics

## Detecting of transgenic crops

- Sample: rice grains      Methodology: LC-MS
- The studying of transgenic rice compared to wild type rice.
- The GM species have insertions of insecticide producing genes (*cryIac* and *sck*)





# Detecting of transgenic crops

Metabolites responsible for separation between GM and non-GM groups.

Compound	Variance trend
UN	↑, 2.4
L-Glutamic acid	↑, 2.1
Glycerol-3-phosphate*	↑, 1.4
Citric acid	↑, 1.5
D-Mannitol	↑, 3.0
Linoleic acid	↑, 1.3
Oleic acid	↑, 1.6
Hexadecanoic acid, 2,3-dihydroxypropyl ester*	↑, 1.3
UN	↑, 2.2
Sucrose	↑, 2.4
UN	↑, 1.4
9-Octadecenoic acid (Z)-, 2,3-dihydroxypropyl ester*	↑, 1.2
Trehalose	↓, 0.1
UN	↑, 1.4
UN	↑, 2.0

Source: Zhou *et al.*, (2009)

## Detecting of transgenic crops

- Trehalose could be an potent marker.
- At different time of sowing, trehalose content was different in non-GM species.

Metabolites responsible for separation of non-GM rice sown at different time

Classification	Compound	Variance trend	
		M86-D1	M86-D2
M86-D1 and M86-D2 vs. M86-C	Glycerol-3-phosphate*	↑, 1.4	↑, 2.7
	Citric acid	↑, 1.6	↑, 2.5
	Linoleic acid	–	↑, 1.3
	Oleic acid	↑, 1.3	↑, 2.2
	Hexadecanoic acid, 2,3-dihydroxypropyl ester*	↑, 1.2	↑, 1.3
	Sucrose	↑, 1.3	↑, 2.4
	UN	↑, 1.5	↑, 4.0
	9-Octadecenoic acid (Z)-, 2,3-dihydroxypropyl ester*	↑, 1.3	↑, 1.8
	<b>Trehalose</b>	<b>↑, 40.7</b>	<b>↑, 392.9</b>
	UN	↑, 4.1	↑, 3.4
	UN	↑, 1.3	↑, 1.4
UN	↑, 1.6	↑, 3.5	

Code: M86-C, M86-D1 and M86-D2 : non-GM rice sown at different time

Source: Zhou *et al.*, (2009)

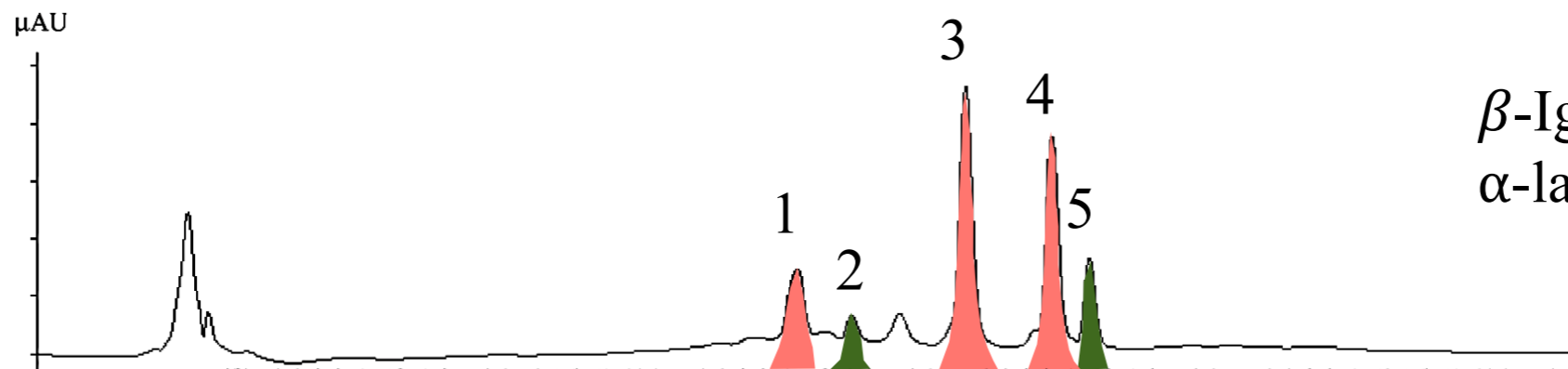
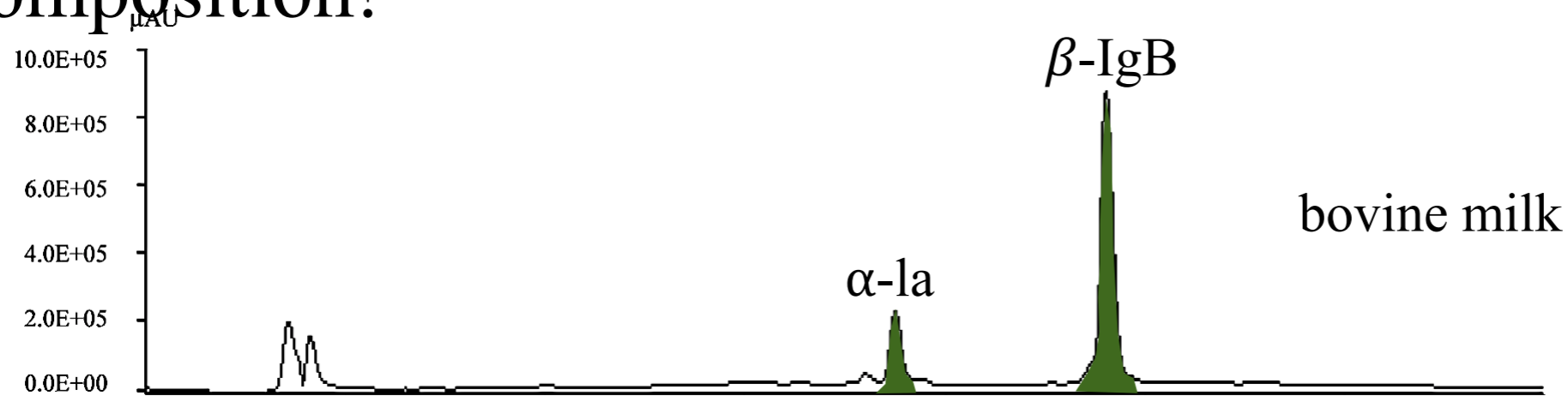
# Other study examples

Type	Species	Study synopsis
Cereal	Barley ( <i>Hordeum vulgare</i> )	Metabolic responses to salt stress in two barley cultivars
	Maize ( <i>Zea mays</i> )	Metabolite profiling to evaluate the impact of genetic background, growing location and season
Medical plant	Perilla (Shiso) ( <i>Perilla frutescens</i> )	Functional genomics for accumulation of anthocyanins in red and green perilla
Legume	Pea ( <i>Pisum sativum</i> )	Metabolite fingerprint of transgenic peas
Flowering plants ( <i>Solanaceae</i> )	Potato ( <i>Solanum tuberosum</i> )	Evaluation of genetically modified potatoes
	Tomato ( <i>Solanum lycopersicum</i> )	Metabolite profiling during fruit development
		Metabolite profiling of genetically modified tomatoes
Fruit	Raspberry ( <i>Rubus idaeus</i> )	Metabolite profiling to identify beneficial compound

Modified from: Carreno-Quintero *et al.*, (2013)

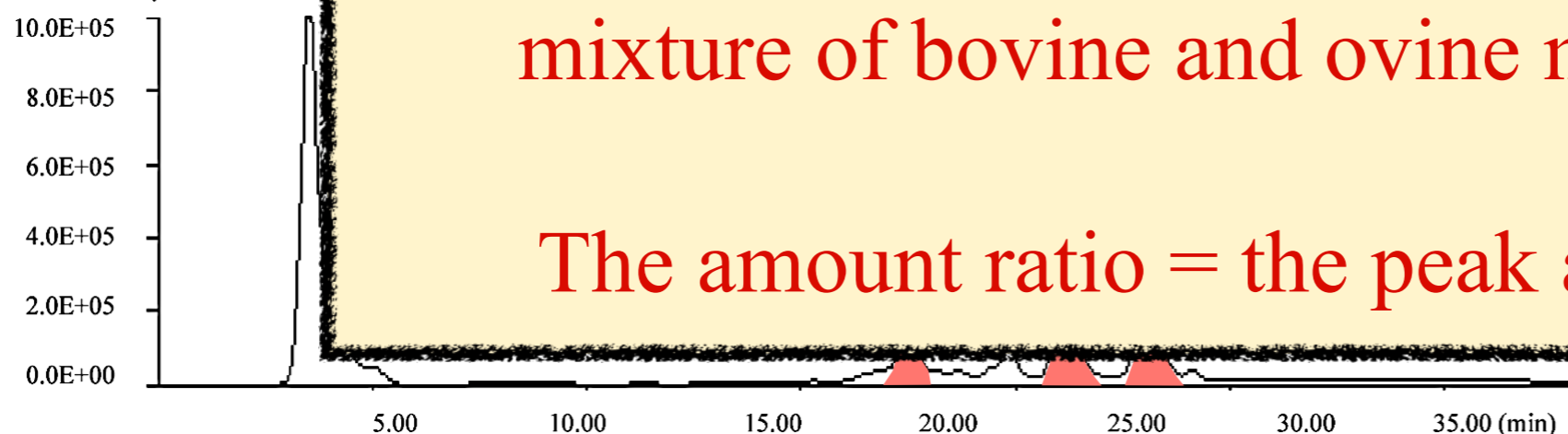
# Detection and quantification of milk composition in protected designation of origin cheeses

- the ratio of  $\beta$ -lactoglobulin in a milk mixture used to produce cheese can tell the difference of cheese's milk composition!



mixture of bovine and ovine milk.  
The amount ratio = the peak area

Source: Ferreira and Caçote, (2003)



# Detection and quantification of milk composition in protected designation of origin cheeses

## Results of evaluation of commercial PDO cheeses authenticity

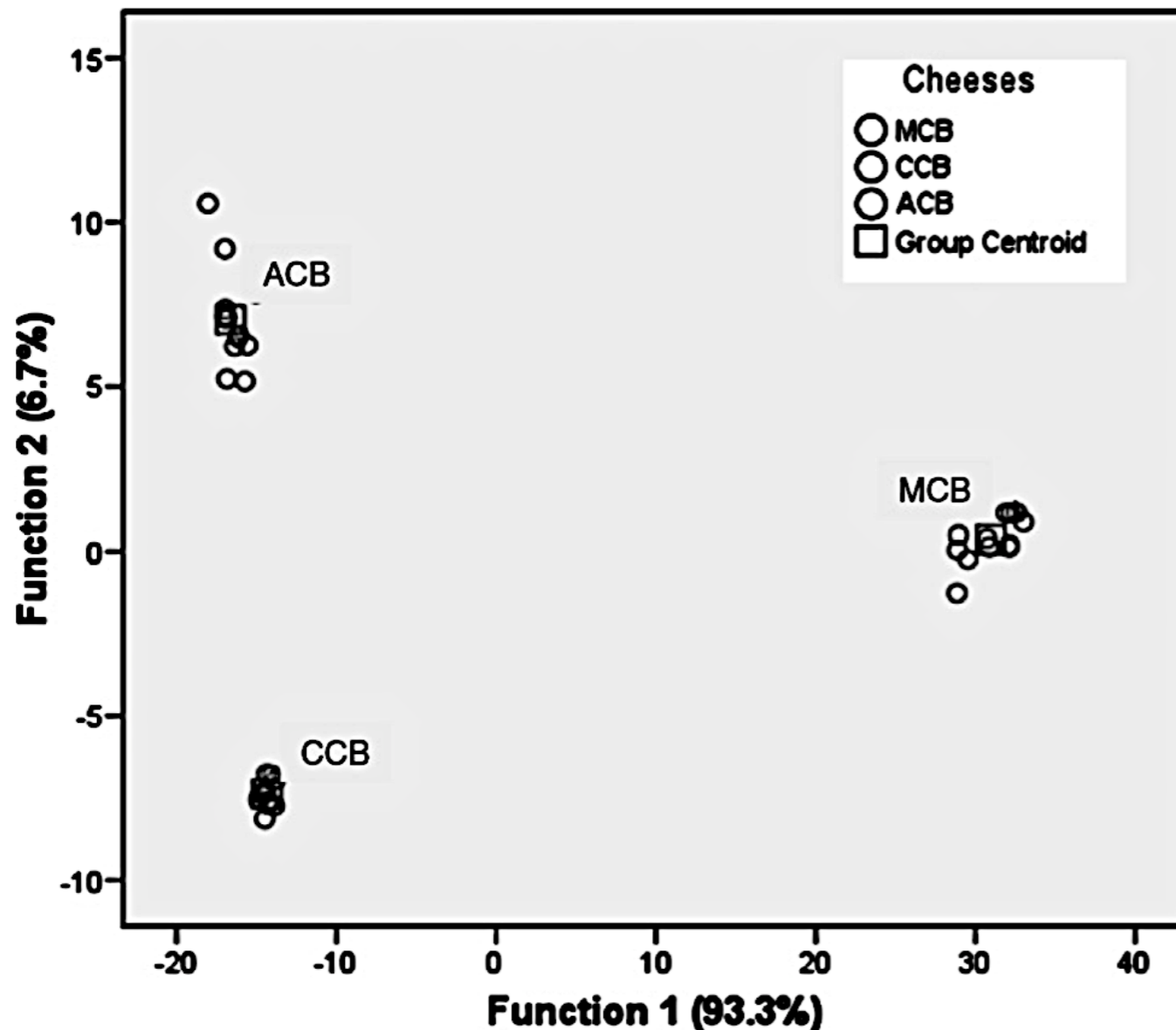
Sample no.	PDO cheese	Milk type found
1	“Serra da Estrela”	Ovine milk
2	“Serra da Estrela”	Ovine milk
3	“Terrincho”	Ovine milk
4	“Terrincho”	Ovine milk
5	“Terrincho”	Ovine milk
6	“Terrincho”	Ovine milk
7	“Terrincho”	Ovine milk
8	“Serrano Transmontano”	Caprine milk
9	“Serrano Transmontano”	Caprine milk
10	“Picante da Beira Baixa”	Ovine/caprine milks (40/60%)
11	“Picante da Beira Baixa”	Ovine/caprine milks (49/51%)
12	“Picante da Beira Baixa”	Ovine/caprine milks (46/54%)

Source: Ferreira and Caçote, (2003)



The results are in good agreement with the information obtained from the respective PDO certification organisms.

Volatile fraction of PDO “Castelo Branco cheese” can be used to evaluate breed origin.



Source: Ferreira, Pinho and Sampaio, (2009)

MCB - Merino da Beira Baixa breed  
CCB - Crusade of the two races breed  
ACB - Assaf breed

Major volatile discriminant

- butan-2-one, ethyl acetate, 3-methylbutanoic acid which is abundant in MCB.
- pentan-2-ol and 3-methylbutyl acetate in ACB cheeses

Discriminant analysis of volatile fraction of the cheeses can tell breed origin of milk used to produce cheeses.

# Classification of unifloral honeys with an MS-based electronic nose

- Unifloral honeys are designated by producers as having a main botanical origin.
- Six unifloral honeys were evaluated.



fir



dandelion



lime



rape



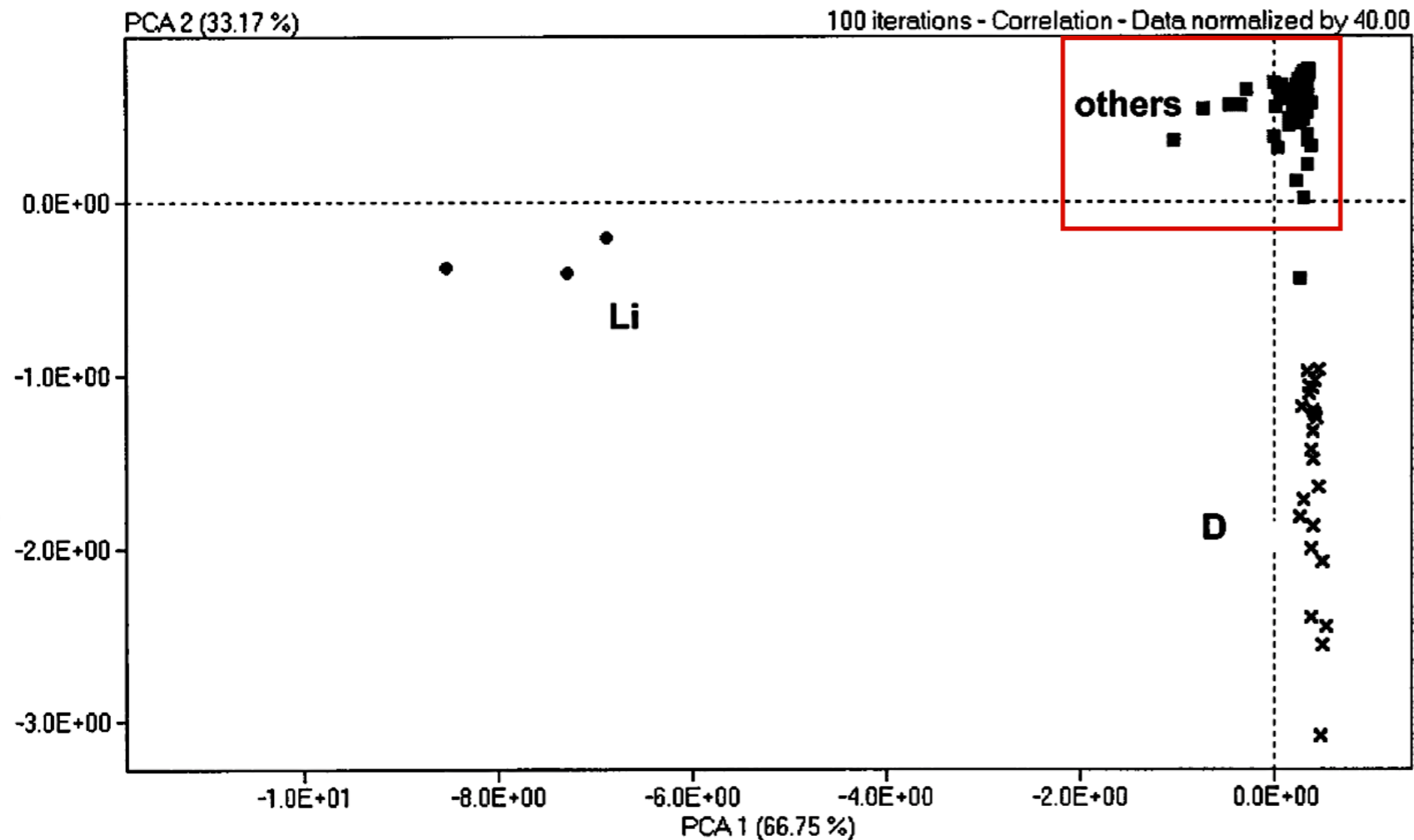
chestnut



acacia

# Classification of unifloral honeys with an MS-based electronic nose

- Electronic nose analysis with a static headspace sampling method.



Li = lime  
 D = dandelion  
 others = the group formed  
 by acacia, chestnut, rape  
 and fir together

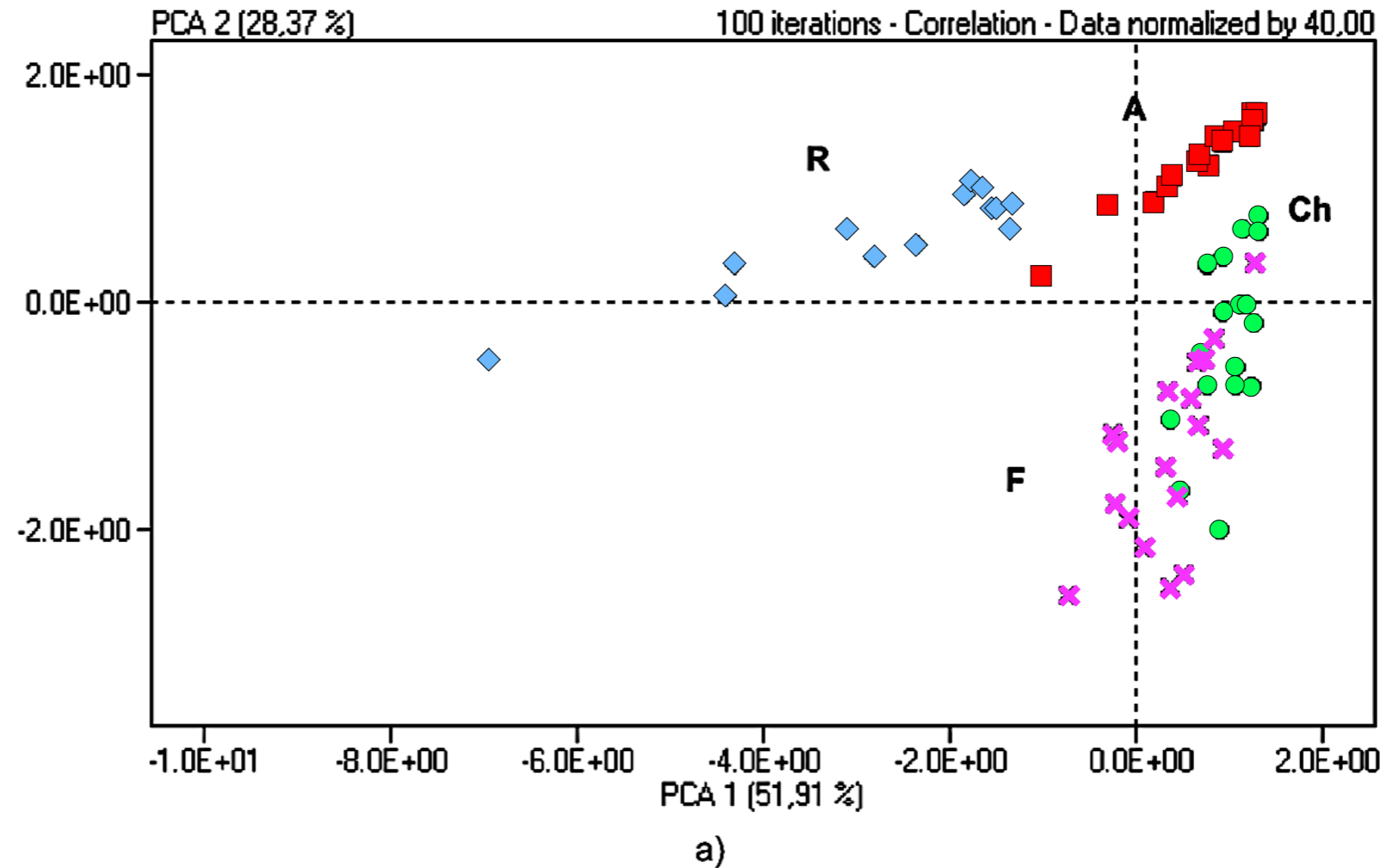
model sample group	correct classification rate (%) by PCA	Discriminant variables (ionic masses)
Dandelion, lime and others (A, Ch, F and R)	100	51, 117, 132



# Classification of unifloral honeys with an MS-based electronic nose

- by discriminate out the dandelion and lime, shows the differentiation in others group.

R = rape  
 A = acacia  
 Ch = chestnut  
 F = fir



model sample group

correct classification  
 rate (%) by PCA

Discriminant  
 variables  
 (ionic masses)

Acacia, chestnut, fir and rape

93.85

44, 47, 54, 58, 94

Modified from: Ampuero, Bogdanov and Bosset, (2004)



Food Science & Technology

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## ความผิดผลิตภัณฑ์อาหาร

1. อาหารไม่บริสุทธิ์

2. อาหารปลอม

3. อาหารผิดมาตรฐาน

4. อาหารอื่นที่รัฐมนตรีกำหนด

1. ต้องระวางโทษจำคุกไม่เกินสองปีหรือปรับไม่เกินสองหมื่นบาท หรือทั้งจำทั้งปรับ

2. ต้องระวางโทษจำคุกตั้งแต่หกเดือนถึงสิบปี และปรับตั้งแต่ห้าพันบาทถึงหนึ่งแสนบาท

3. ต้องระวางโทษปรับไม่เกินห้าหมื่นบาท

4. ต้องระวางโทษจำคุกไม่เกินห้าปี หรือปรับไม่เกินห้าหมื่นบาท หรือทั้งจำทั้งปรับ





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